

Christ Church Unity  
A member of the Association of  
Unity Churches International  
Affiliated with Unity Institute, publisher  
of the Daily Word

**Our Mission Statement:**

Christ Church Unity is a warm, loving and vibrant spiritual center in the heart of Rochester. Recognizing our divine nature, we create a nurturing environment of spiritual freedom where all can develop their spiritual potential for lives overflowing with blessings.

**Our Board of Trustees**

Mike Gacek, President  
Cheri Charboneau, Vice President  
P.J. Trahan, Treasurer  
Marie Hedrick, Secretary  
Paula Bramwell, Trustee  
Les Collins, Trustee

Rev. Eleanor Celentani,  
Spiritual Leader/Minister

**Our Staff**

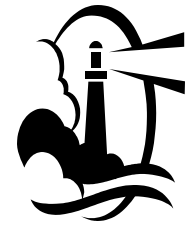
Bernie Bowie, Newsletter Editor  
Jane Faust, Accompanist  
Anita Gaiteri, Custodian  
Samuel Gaiteri, Custodial Aide  
Thomas Warfield, Soloist  
Leslie Wright, Bookkeeper

**Our Ministry Team Coordinators**

Prayer – Jane Faust  
Ushers – Marie Hedrick  
Greeters – Donna Frary  
Platform Assistants –  
Bookstore – Paulie Gajewski  
Social – Anita Gaiteri  
Remembrance – Kat VanMeenen  
Circulation Day – Dorothea King  
Audio – Chris Spridy & Bob Gajewski  
Historian – Mike Gacek  
Librarian/Fun Club—Sylvia Barker  
Youth Education Director and  
Lead Teacher – Marna Rossi

Submission deadline for next issue:  
January 18, 2006

# Christ Church Unity Light Notes



January 2006

Dear Unity family,

Happy New Year! Bright blessings to you for love, health, joy and prosperity!

My heartfelt thanks go to so many of you who contributed in a myriad of ways to make our Christmas celebration an abundant one. The Beautification Committee, led by Janet Col-lamer, along with several volunteers did a beautiful job of decorating our church for the holidays. The sanctuary was especially pleasing and we had a Christmas Rose in the manger.

On Dec. 11<sup>th</sup> thirteen people became new members of Christ Church Unity. I received several comments that the congregation was touched by having so many new people join at once. They are a beautiful group, and I want to compliment them on the way they have jumped in and gotten involved in church activities. This is a blessing.

Our Christmas party on Dec. 18 was very successful, due to the good planning of the Social Committee and the happy energy everyone brought with them. We all enjoyed a wide variety of holiday fare. Thank you to all who helped.

I would also like to thank our musicians, Jane Faust, Thomas Warfield, and Jonathan Wolfinger for all they did to add to our services with their special holiday music. I praise the Unity Choir – your performance was beautiful! Thank you! A special joy was having our children sing to us at the end of the Dec. 18 service. Thank you, Marna and children!

Flowers that were donated, bulletins typed, candles prepared – all these blessings come about through the love of volunteers, freely given. We are grateful for their loving support and wish them the abundant return.

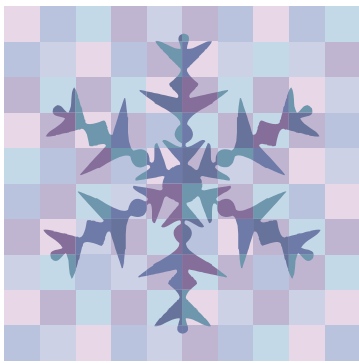
Another example of love was the wonderful energy we had for the Christmas Prosperity project. Twenty-nine volunteers signed up to help in one way or another! I appreciated so much that all of them exhibited such a helpful and cooperative attitude, working on a big project with not much time. I feel proud of what we accomplished and grateful to this group of people for a job well done.

Dec. 18<sup>th</sup> was certainly a red-letter day, for our new Unity Cookbook was brought out after much hard work over many months. Dorothea King chaired this committee which pushed ahead despite complications and setbacks. Bernie Bowie and Leslie Wright helped when computer problems arose; they were able to bring the book to a successful completion. Books flew out the door on the first day of sale – a good sign that this fundraising project will be successful. A copy costs \$20. and the books will be on sale in the lobby on Sunday mornings. My thanks to the Cookbook Committee for your dedication and creativity in support of our church's mission. Congratulations!

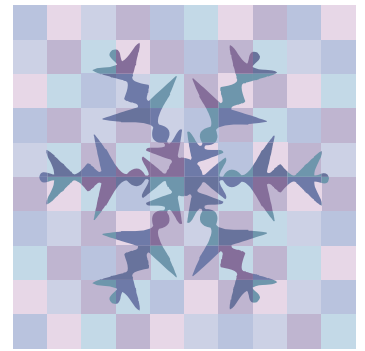
Some events and classes for January are still in the planning stages as we print this newsletter, so watch your Sunday bulletins for more detailed information as it becomes available. There will be a Prosperity Class and a new class on Spiritual/ Metaphysical Movies. Please see the calendar. Rev. Steve D'Annunzio will speak January 22, 2006

I pray that the new year before you will be shimmering with spiritual light and that you will project into it the joy, love, health and prosperity which are truly yours as a Child of God. "It is the Father's good pleasure to give you the Kingdom. Ask and you shall receive."

With the Christ Love,  
Rev. Eleanor



## *Teachings in Truth*



*Clean Sweep*  
*By R. H. Grenville*

*Like fallen leaves,  
Problems of the past are swept away.  
The anxieties and disappointments of yesterday  
And concerns about the future disappear.  
My path is clear.  
Faith, that strong wide broom of confident trust  
In Spirit, clears the way.  
Greater is that Spirit within me than anything gray doubt may say.  
I wield that broom with joy and all my might.  
Ahead, the path is shining, clear and bright.*

# New This Month...



January 7

Noon—Spruce Up Day (take down Christmas decorations)

January 8

Sunday School field trip to Whelehan Farm after the service

January 13

10:30 AM One Winged Angels support group

January 14

12:30—2 PM Prayer Enrichment class

January 18

7 PM Meditation and Prosperity Class begins

January 21

5 PM Film class, led by Jane Faust

Each Sunday the New CCU Cookbook will be for sale after the service

## Save the Dates

March 5

CCU Annual Meeting, following the service. Please plan to attend.

April 1

Unity's World Healing Day with laughter and fun.



# Prayer

## January Affirmations From Silent Unity

### Inner Peace

Centered in an awareness of God's absolute peace, I am serene.

### Guidance

God's wisdom guides me to opportunities for good on my life's journey.

### Healing

One with the renewing power of God, I am whole and free.

### Prosperity

In this new year, I step forward into a life of peace and prosperity.

## Prayer Ministry

On Saturday, January 14, the Prayer Team and other interested students will meet for another in our series of Prayer Enrichment classes, from 12:30 to 2:00 p.m.

Part of the class will be a general description of the Chaplaincy Program in Unity from Jane Faust and Jean Noce, who attended the Chaplaincy training program in November.

This class is led by Rev. Eleanor. If you are interested in serving others through prayer and strengthening your own prayer consciousness, you are invited to attend this class.

A sign-up sheet will be on the front counter.

For prayer requests or other messages to the prayer team call 473-0910 and press 4.

# Our Prosperity

## Volunteer of the Month

I like the word "Volunteer" and am proud to carry with me our "Unity Frog" during the month of December.

The word "volunteer" came to have special meaning for me when I realized one day—as I read some chapters in the New Testament—that Jesus was a "volunteer" too.

He realized in his heart God's love for us and "volunteered" to share that knowledge of love with others.

We are blessed that he was brave enough to face his detractors and that most of his disciples carried on his work.

A volunteer carries a message, too—a silent one.

Chris Spridy

## Treasurer's Report for November 2005

### Profit & Loss Statement

Profit & Loss	October*	November
Income	\$11,384.70	\$8,141.79
Expense	\$ 8,154.42	\$7,580.92
Profit/(Loss)	\$ 3,230.28	\$ 560.87

\* Five Sundays in October

### Recent CCU tithes:

AUCI Hurricane Relief Fund:	\$2000
Christmas Prosperity Boxes:	\$1000

We are grateful for God's Love poured out for us through our members and benefactors.  
Thank you.



## Board News

When I first discovered Unity Church some five years ago (by the grace of God), I felt immediately that it was a very special and unique place. The feeling of warmth and mutual caring was palpable. And I had the feeling experienced by many newcomers of having come home.

Over the months and years that followed I came to realize that the deep affection, respect and support shown to one another and to all was a direct reflection of the remarkable level of spiritual integrity and insight evident in its members. It's a level of respect, appreciation and acceptance that extends not only to one another and all humanity, but to numerous and diverse

spiritual traditions and practices as well, creating thereby "a nurturing environment of spiritual freedom where all can develop their spiritual potential for lives overflowing with blessings," - as our new mission statement says so well. And as Unity people also know, such broad, deep and generous attitudes as these can only flow from the true recognition of the divine spirit and identity that resides and resonates in and through each of us, and manifests through all creation.

We are all so very fortunate to be able to be part of such a remarkable and special spiritual community. As we go forward into the new year let us radiate the joy that is ours by divine inheritance, and be lifted up on wings of gratitude for the selfless service and tireless efforts of the very many wonderful and gifted people that make our Unity Church

the ongoing blessing it is.

And speaking of ongoing blessings, let us all give thanks for Anita Gaiteri's recent successful heart surgery as we continue to pray for her full and speedy recovery. How could we find a more perfect expression of the spirit of love and devotion in action than Anita?



## Highlights from the Board Meeting

The Christmas basket project for people in need is in full swing, with many people volunteering their time and resources to provide Christmas spirit to the community.

All is progressing well with the nominating committee. In the process of identifying new possible Board candidates, the committee designed a new list of desirable qualities for Board Members, to be given to each prospective candidate.

Our new large screen projector, a generous gift donated by one of our members, will be installed in the sanctuary in mid-December.

Our church website is in the process of completion soon. Mike Gacek, the Board president, and Emily Carpenter are working very hard on the project. Our new sign by the street has been installed and looks beautiful.

Thirteen new members were joyfully accepted into membership on December 11<sup>th</sup>.

The Board gave Rev. Eleanor a good year-end performance review. With minor changes, Rev. Eleanor agreed to a new one-year contract at Christ Church Unity.

Respectfully submitted,  
Marie Hedrick, Secretary



# People In Action

## Youth Education

The Sunday School would like to thank everyone who donated items to the Sunday School and to the warm clothing drive.



Field Trip

Our Sunday School children and their parents are invited to visit the Whelehan Family Tree Farm on Latta Road on **January 8<sup>th</sup>** following the service. Sheep, goats and other animals will be there, and

the children can have a wagon ride. Michael Whelehan is the contractor who put the new roof on our church and who donated a Christmas tree, stand, and ornaments to our Sunday School room. We are grateful to have this offer of an unusual outing for our children. Please contact Marna Rossi for details.

The last Sunday in January, Wendy Smith will be teaching the Sunday school about Qi Gong. Qi Gong uses martial arts principles to help with relaxation.



Uniteens will meet in January; call the church information line for the dates. Youth ages 10-16 are invited to sign up.

Uniteens will use prayer, visualization and role playing to show Unity principles at work in everyday life. Meetings are at **12:15 p.m.** Stop by and check it out. For more information, call Marna Rossi or the church at 585-473-0910

*I begin this new year open and receptive to the abundance of God.*

## Ways to Get Involved

### New Opportunity for Fun

The Fun Club is an opportunity for anyone interested in socializing and meeting other people in the church. Activities might include; bowling, concerts, movies, lectures, plays or a host of others. For more information, contact Sylvia Barker or see the interest indicator sheet on the front counter.

### New Year's Prosperity Class

Begin the New Year with a recommitment to Prosperity! On Wed. evenings beginning **January 18** there will be a new Prosperity Class. We will have meditation from 7-7:30 p.m. and then have class until 8:30 p.m. A textbook will be announced, and students can come for either or both parts of the class. Coming to both is recommended. Rev. Eleanor will share Unity's teachings on how you can lead a more prosperous life, spiritually and materially. If you have never attended a prosperity class, this may be the time for you. Cost is a love offering. Please sign up at the front counter or call the church. Please note 7 p.m. starting time.

### Metaphysical Movies Class

A "Metaphysical Movies" class will begin at the church on **Saturday, January 21, 2006, at 5 p.m.** with screening of "**Brother Sun, Sister Moon,**" a 1973 film by Franco Zeffirelli, depicting the early life of St. Francis of Assisi. The film is two hours long, rated PG, but is not suitable for children. Following the film there will be group discussion led by Jane Faust, who is facilitating this series of five classes. The text for the class, Reel Spirit, by Raymond Teague, will be available in our bookstore soon. The cost of the class is a love offering. The schedule of future class dates will be set up with the class on the first night. Future titles include: "Leap of Faith," "The Day the Earth Stood Still," "What the Bleep Do we Know?" and one other to be announced. In the event of cancellation due to weather, the class will meet on the following Saturday, Jan. 28, at 5 p.m.

The **Beautification Committee** welcomes new people to join the group. If you are interested in helping to beautify the church and grounds, please contact Janet Collamer.



The **One-Winged Angels** support group led by Jane Faust will be resuming its meetings. The next meeting will be Friday, January 13, 2006 at 10:30 AM. The subject will be Balancing the Chakras. The group will adjourn to lunch afterwards. Newcomers are welcome.



# Living ~ Giving ~ Learning

## On-Going Events

Every Saturday the **David Hawkins Book Discussion** group will meet from 10 AM-Noon. The next discussion is January 7, 2006

**The metaphysical discussion group** meets every week on Thursday from 10 AM – Noon. This self-facilitated group is a forum to share metaphysical ideas, thoughts and questions. Questions? Contact the church office.

**A Course in Miracles class**, Tuesdays, 7-8:30 PM. Led by Dijana Winter. For information call 585-703-1914. Suggested love offering \$10. Class meets in the Sunday School room.



Food and toiletry items for **Dimitri House** can be placed in the box under the reception desk at any time. Items will be delivered the first Sunday of the month.

## Library News

Please remember to return or renew your library materials.

Thank you for making our Sunday Service fragrance-free.

Rev. Eleanor

Reminder: the **schedule of activities** for CCU is available by calling the church at 473-0910 and pressing 3 on the voice mail options.

## Bookstore News

The CCU bookstore has gift certificates available for purchase. Stop by and ask for the details.

## New CCU Directory

The updated church directory is available and can be picked up in the church. Thanks to Marie Hedrick for another



## Inclement Weather Closing

If Christ Church Unity finds it necessary to cancel **Sunday** activities due to inclement weather, the announcement will be made on WHAM 1180 AM radio and TV channel 13. It will also be posted on the church phone line 473-0910 after 8 a.m. **Weeknight** cancellations will be announced by 5 p.m. on the church voice mail and in the media if possible.



## Reminder: Parking for Classes

Sometimes church events and Auditorium Theater events take place simultaneously. Nevertheless, students who are coming to CCU for classes never pay a fee for parking. If you see people collecting money when you enter the parking lot for a class, just tell him you are there for a class and you will not be charged. Please follow their instructions about where to park.



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Sunday Service – 11:00 a.m.

Practical Christianity for the 21st Century



*In this new year, I step forward into  
a life of peace and prosperity*