

Christ Church Unity  
A member of the Association of  
Unity Churches International  
Affiliated with Unity, publisher of the  
Daily Word

# Christ Church Unity Awakening



April 2008

*Our Vision Statement*  
*Humanity awakens and transforms into*  
*its Divine Identity. Christ Church Unity is*  
*a focal point of service to this vision.*

Our Board of Trustees  
Paula Bramwell, President  
Leslie Wright, Vice President  
Bob Gajewski, Treasurer  
Marie Hedrick, Secretary  
Mary Jo TenEyck, Trustee  
Mike Gacek, Trustee

Rev. Eleanor Celentani, Minister  
Office 585-473-0145

Our Staff  
Jane Faust, Accompanist  
Jean Marie Bianco, Admin. Assistant  
Anita Gaiteri, Custodian  
Samuel Gaiteri, Custodial Aide  
Eric Strader, Gardener  
Thomas Warfield, Soloist

Our Ministry Team Coordinators  
Audio – Chris Spridy & Bob Gajewski  
Bookstore – Paulie Gajewski  
Circulation Day – Paulie Gajewski  
Financial Prosperity - Leslie Wright  
Greeters – Kat VanMeenen  
Librarian/Fun Club—Sylvia Barker  
New Horizons— Donna Ries  
Newsletter—Bernie Bowie  
Nominating Comm.—PJ Trahan  
Photographer – Mike Gacek  
Planning/Beautification - Bob Gajewski  
Platform Assistants – Donna Ries  
Prayer – Jane Faust  
Prosperity Projects—  
Remembrance – Coby Nichols  
Sign Ministry - Mike Gacek  
Social – Anita Gaiteri  
Ushers – Marie Hedrick  
Youth Ed. Dir. – Marna Rossi

Submission deadline for next issue:  
April 17, 2008  
Assembling date:  
April 24, 2008

Dear Family of Unity,

I greet you with good wishes for a Happy Spring and expansion of your Easter blessings!

**In March we enjoyed a very pleasant St. Patrick's Day dinner, thanks to our wonderful volunteers** who created a delicious meal and all that went with it: Johnnie Dawson, Larlene Fyles, Bernie Bowie, Kat VanMeenen, Paula Bramwell, Joan Yaeger, Joan Trahan, and Leslie Wright with **Anita Gaiteri "supervising" and Sam Gaiteri helping. Jane Faust provided over thirty door prizes** for the event. We appreciate their gift of a fun evening in the Irish tradition.

As of this writing there are several events yet to come in March, which will have already happened by the time you read this: Easter Sunday celebration, Spruce Up Day on March 22, and our New Horizons report on the congregational survey on March 30<sup>th</sup>. Several committees have been holding regular meetings to advance their projects; people are giving generously of their time and talents for the betterment of the church.

One example I would like to call to your attention is a special opportunity on April 6 – an introductory workshop on aromatherapy to be given by Hallie Sawyers, as a benefit for the church. You will have the opportunity to make a personalized blend of essential oils which you can use for pain relief, allergy relief, or whatever you need! All these materials are being donated by Hallie and Helen Lutz of our church. I thank them for their support, and invite you to come and enjoy learning with them. Please call 585-967-0009 to register.

We want to thank and honor all our volunteers on a special day, Volunteer Recognition Sunday, to be celebrated on April 20<sup>th</sup>. During the service that day we will publicly give thanks to all who have given volunteer service in some way from January 2007 until the Annual Meeting, March 2, 2008. Please come and let us give you thanks.

The workshop on **"The Secret"** was highly successful, and participants want to continue their work with these principles in some way during the coming months. Breakthroughs in demonstration generated lively enthusiasm! **Interest has also been aroused in Eckhart Tolle's book, A New Earth**, which has been featured in an online class led by the author and Oprah Winfrey. We will be starting a new class on this book on Wednesdays in late April. Please call for details. **Fifty people attended a screening of Louise Hay's film, "You Can Heal Your Life"** on a Sunday in March, and many stayed for a heartfelt discussion afterwards. Those present also expressed interest in a follow-up screening of additional material from the Louise Hay film, some of which will be shown on April 20<sup>th</sup>.

Our Board of Trustees has elected their officers for the coming year; their names are on the list to the left. We have a new administrative assistant in our church office, Jean Marie Bianco. A special committee is working on developing a prosperity workshop for May 3<sup>rd</sup>, to be presented along with other groups from Unity churches in our Northwest sub region. Please see the article for more information; we would like to have a good turnout from Rochester to attend this event at Unity in Buffalo.

March 18<sup>th</sup> I saw tulip leaves coming up at the church, and small yellow flowers already appearing in our garden. Let us be as non-resistant to the pull of growth upwards in our spiritual life, as the flowers are in the material!

With faith in our shared future, Rev. Eleanor

# Teachings in Truth

## Awakening

In **The Secret Door to Success**, Florence Scovel Shinn wrote:

“People are enslaved by ideas of lack; lack of love, lack of money, lack of companionship, lack of health, and so on.

“They are enslaved by the ideas of interference and incompleteness. They are asleep in the Adamic dream: Adam (generic man) ate of “Maya the tree of illusion” and saw two powers, good and evil.

“The Christ mission was to wake people up to the Truth of one Power, God. ‘Awake thou that sleepeth.’

*“If you lack any good thing, you are still asleep to your good.*

“How do you awake from the Adamic dream of opposites, after having slept soundly in the race thought for hundreds of years?” (p. 270)

Her statement, “If you lack any good thing, you are still asleep to your good” is a compelling one. How many of us, by this standard, could say we are fully awake?

The promise is also compelling: if you would only wake up, every good thing would be provided for you! Wake up to your worthiness, wake up to your goodness, wake up to your power to be what you want to be!

The mission of Unity is the mission of the Christ: to wake people up to the Truth of one Power, God. To wake people up to harmony, joy and prosperity. To wake people up to the Divine Design of their lives.

We don't usually blame people for being asleep. We see it as a state which a person does not willfully go into or get out of. We say that we “fall” asleep, in that it is not under our conscious control to do so. When we awaken, “something” wakes us up. So we do not have to blame ourselves for being asleep, but we can choose to state a clear intention: *“I want to awaken. I want to awaken to all of my Self now.”*

Awakening is a pattern of energy which is flowing through our whole planet now. A most basic part of this awakening is the learning that our thoughts and feelings control our experience of life. The whole human race must awaken now to the Truth of Being:

God is, and we are part of God, endowed with the power to create by thought.

This awakening will completely transform the human race and human culture when it happens. People will realize that they are not subject to heredity or to higher social classes or to circumstances. The possibilities of human accomplishment will be seen to be infinite.

Here and now, resolve to awaken to your good. Awaken to your God. Ask your Divine Self to awaken you to Your True nature as a son or daughter of God, that this be your felt reality and not just a belief.

Imagine what you would be like if you were fully awake. What talents will you discover and bring forth? Your intuition can teach you this now. There is a level on which you already know, for *your Higher Self is awake now!*

All the resources of your Unity church are here to help you awaken: prayer, classes, groups, giving. Let us awaken to life! to abundance! to “lives overflowing with blessings.”

With Faith,  
Rev. Eleanor

# *New This Month...*



## Upcoming Events

April 2  
5:30 PM Outrageously Alive  
Committee Meeting

May 3  
Outrageously Alive in an  
Abundant World. Unity Buffalo

April 6  
1 PM Aromatherapy presented  
by Hallie Sawyer

June 21  
Circulation Day

April 20  
Volunteer Recognition Day  
  
12:45 PM Louise Hay Extended  
Film Version

April 25  
10:30 AM Friday's Angels



CCU in the spring  
Photo by Mike Gacek



## *Prayer*

### April Affirmations From Silent Unity

Inner Peace  
I am one with God and blessed with perfect peace.

Guidance  
Attuned to Spirit, I act with wisdom and grace.

Healing  
**God's powerful presence is at work within me.**  
I am healed in every way.

Prosperity  
Immersed in the love of God, I live the abundant life.

World Peace  
One with God and all humanity, I contribute to lasting  
peace in the world.

This year we are joining in an interfaith project called "Rochester Prays," in which we pray for a part of the city or a town in Monroe County each week. We have calendars at the church which list all the municipalities and the week they are the focus of prayer. This is to bring healing to all our local communities. Thank you for joining in.

### Communities of Focus—Week of:

- April 6—Cobbs Hill
- April 13—Village of Fairport
- April 20—Corn Hill
- April 27—Town of Gates

### Prayer Ministry

For prayer requests or other messages to the prayer team call 473-0910 and press 4, or write your prayer request and place it in the box in the lobby. Please let us know if you or a family member are ill or hospitalized so that we can pray with you.



# Our Prosperity

We express our gratitude to God for blessings received in the last month through these individuals:

- Jean Mantel, Kat VanMeenen, Elaine Page, Jim Volke, Mike Gacek, Richard Kaza, Coby Nichols, Ann Stewart, Chris Spridy, Bernie Bowie and Rev. Eleanor for folding and labeling the March newsletter
- Sue Giannavola, Marie Hedrick and Coby Nichols for collating the Annual Meeting folders
- We are grateful for continuing special gifts to the Yin Yang fund
- Leslie Wright for our March birthday cake
- Johnnie Dawson, Bernie Bowie, Larlene Fyles, Anita Gaiteri, Sam Gaiteri, Jane Faust, Kat VanMeenen, Paula Bramwell and all who helped to set up, take down and clean up for our **St. Patrick's Dinner; Jonathan Wolfinger, Sara Katy Lim, Leslie Wright, Joan Yeager, Joanie Trahan**
- Bernie Bowie, Jean Marie Bianco, David Mercer, Mary Jo TenEyck, Bev Liederbach for reading the Daily Word during service for December, January & February
- Bev Liederbach, Carol Cafalone, for bringing flowers for the sanctuary for January & February
- Leslie Wright for her lengthy and diligent service as Treasurer; a great blessing
- Marie Hedrick for her organization of the Louise Hay film screenings
- Mike Gacek for the graphic design of our film flyers
- **Paulie and Bob Gajewski for their leadership of 'The Secret Workshop'**
- Kat VanMeenen for filling in wherever needed, including the bookstore and help in the lobby on Easter
- Paula Bramwell for monitoring the lobby during the film showing March 16
- Bernie Bowie for longstanding help in the office
- Sue Giannavola for making our visitor packets and copying tapes of Sunday Service
- Our ushers and greeters: Coby Nichols, Sue Giannavola, Loretta Callahan, Jackie McCullough, Marty Roberts, Louis Wong, Kathryn Franz, **Vance O'Donnell, Dick TenEyck, Dory Braun, Kat VanMeenen, Jean McDonough, Catherine Smith, Marilyn Wise, Peela Hooke, Kathy Vidas**, Joseph Langen, Carol Gomborone, Katherine DeCosta, Helen Lutz, Leslie Wright
- Our New Horizons members who have given a lot of extra time preparing for the March 30 meeting: Donna Ries, Sylvia Barker, Jean Marie Bianco, Paula Bramwell, Marna Rossi, Leslie Wright, PJ and Joanie Trahan
- March Spruce Up Day volunteers: Marie Hedrick, Stan Marshall, Dick TenEyck, Joan Yaeger
- The Outrageously Alive workshop committee: Jean Marie Bianco, Jean Mantel, Catherine Smith, Anne Valinzo, Elsé Vella
- Jeanne Gagne and Ann Robertson for extra service to the Remembrance Ministry
- All who provided beautiful Easter flowers
- We bless all our congregation who continue to support us with their tithes, love offerings and participation. Thank you, God.



## Volunteer of the Month

It is with great pleasure and honor that I pass on our beloved frog to the volunteer of the month for April. She is a person who very quietly but effectively helps us in many ways. She is a member of our Sign Ministry. These wonderful people put up a new beautiful message every week on the CCU sign for the community to read. This happens irregardless of snow, rain or sunshine. She is also a member of the Remembrance Ministry and sends loving messages of support and prayer to members of our church family who are in need. She is currently in-training to become a member of the Prayer Team. It is with pleasure that I pass the frog to Ann Robertson. Thank you, Ann!

Coby Nichols

*Divine Love richly provides everything now.*

# Message From the Board...



On March 2, 2008, our Annual Meeting was held. This is a time when the Board of Trustees attends to the business of CCU and reports to our congregation what has taken place over the past year.

A packet was made for the congregation, which includes Rev. Eleanor's Minister's report and the Treasurer's report by Leslie Wright. Also included in this packet are the numerous ministry reports. These packets are located on the counter in the lobby if you would like to pick one up.

Two trustees stepped down as board members. PJ Trahan completed a three-year term and Sue Giannavola completed a one-year term of service. Their contributions to Christ Church Unity have been numerous, as has their dedication, love, and energy.

Coby Nichols and Mary Jo TenEyck were

both voted to three-year terms as board trustees. Then unexpectedly Coby resigned as a trustee as Spirit has called her to serve in other ways.

## Coby's resignation led us to Christ Church Unity's Bylaws. In Section 4.05

(b) Board of Trustees – Vacancy and Replacement states: "Replacement: Should a vacancy occur on the Board of Trustees, the Board shall proceed to fill the vacancy at its next regular meeting. A special meeting of the Board may be called for this purpose. No replacement will have served two consecutive three-year terms as a Trustee during the year prior to their appointment. At the Annual Membership Meeting, the active membership shall elect a replacement to fill out the term of the Trustee replaced."

As the trustees met to elect the officers of the board, Leslie Wright resigned her

position as Treasurer. Leslie has served in this position and in different capacities related to being Treasurer for over six years. Her performance has been exemplary. What a blessing it has been for us at CCU, to have Leslie in this position for so long.

The Board of Trustees for Christ Church Unity are: Paula Bramwell, President; Leslie Wright, Vice-President; Marie Hedrick, Secretary; Bob Gajewski, Treasurer; Mary Jo TenEyck, Trustee; and Mike Gacek, Trustee.

The Trustees invite you to bring any concerns you may have to the board. We meet the second Sunday of each month and all are welcome.

By Paula Bramwell  
President of the Board



## Highlights from the Board Meeting

At the Annual Meeting, two new trustees, Coby Nichols and Mary Jo TenEyck, were elected to the Board for a three-year term. A new Bylaw Ministry Committee was also formed at that meeting, with Bob Gajewski the chairperson of the committee.

Jean Marie Bianco, a new part-time Administrative Assistant, was hired on March 13<sup>th</sup>, to work in the afternoon, 1-5 PM.

That will be a real plus for the church to have a regular person in the office on a daily basis.

Rev. Eleanor has been invited to speak at Roberts Wesleyan College, in a class called "Social Work and Religion", on the topic "The New Thought Movement".

The New Horizons group met for several hours to go over the results of the "Church Survey" which the congregation filled out, to decide how to present the survey information to the congregation on March 30<sup>th</sup>. The "Thriving Churches Ministry" was hired to summarize this church survey.

Our "Remembrance Ministry" is expanding its service. They will be sending a monthly card to our shut-ins, with a tape or CD of a Sunday service.

Respectfully submitted,

Marie Hedrick



## Group Facilitation Training

The Association of Unity Churches has published several booklets which are designed to be used with adults in small group ministry, in classes which run for seven sessions. These small groups might meet in homes for outreach to new people, or they might be used within the existing congregation to explore new learning and deepen relationships. After trial runs, the AUC

determined that small groups were more successful in meeting the objectives of the group if the facilitator were trained first in group facilitation skills. Here at CCU we have the training module for this instruction on how to be a small group leader. If you are interested in taking the small group facilitator training, please sign up at the church or call the church office. The dates and times for the train-

ing will be decided after we determine the amount of interest in this series. To learn more, go to [www.unity.org](http://www.unity.org), then click on Adults, then Small Groups. We look forward to this enrichment opportunity for our congregation. Please respond by April 20<sup>th</sup>.

# People In Action

## Youth Education



Our Sunday School children will present a play on a Sunday in May. The date will be announced.

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## Aromatherapy Workshop

Hallie Sawyers and Helen Lutz of our church have offered to present a workshop on aromatherapy on April 6 to benefit the church. This will be an introductory workshop where participants will be shown how to make their own blend of essential oils to take home and use for therapeutic purposes. The class materials have been donated, and extra oils will be available for sale, also to benefit the church. The \$30 fee for the 3 hour program includes \$25 for the workshop ( a significant discount) and \$5 for lunch. The public is invited. Thank you, Helen and Hallie!



**Friday's Angels will meet April 25 at 10:30 AM.** The topic will be a continuation of the discussion of the Laura Barrett Bennett tape on the Bible.

## Spiritual Team Opportunity

Prisoner in the process of healing, seeking support from those who are willing to offer assistance. Please contact Jane Faust, Thomas Warfield or Jeanne Noce. Blessings and Thank you.

## Fun Club

The Fun Club offers the opportunity to socialize with church members outside of church. Activities have included movies, attending art exhibits and going to concerts. If you would like to participate—simply fill out the interest indicator located on the front counter and turn it in to Sylvia Barker in the Library. You should also see Sylvia if you would like to know what activities are coming up or have suggestions for future outings.

## NEW HORIZONS

(Ministry Action Plan Committee)

By Donna Ries



Nearly 100 Sunday service attendees participated in the CCU "Thriving Churches Survey" in February, 2008.

The results have been analyzed and reported back to CCU by the Rev. Robert and Janet Ellsworth, Unity ministers and founders of the Thriving Churches Ministry. We have reviewed a written report which is available for the congregation to read in the church office. We also had a teleconference to review the findings with the Ellsworths. Representatives from the Trustees, Planning, and New Horizons attended as well as Rev. Eleanor. Several other ministries were represented due to dual roles of the participants.

The survey is divided into 6 primary ministry areas with a seventh category, called life changing impact, reflecting the overall effect of these six ministries combined. Based upon our congregants' responses, we have demonstrated remarkable strength in the areas of Prayer Emphasis ("this church really shows people how to pray"), Purpose ("the leaders communicate clearly this church's purpose or mission"), and Transforming Teachings ( attending classes/ read/ apply spiritual teachings, etc.). The survey reports that what we have been doing is effecting positive life changes for our congregation. Coming to Unity enables one to effectively grow in prayerfulness. The teachings offered, including classes and workshops, are meeting the needs of the majority. And, we are effectively communicating our Vision: **"Humanity awakens and transforms into its Divine Identity. CCU is a focal point as a service to this vision."**

The survey also provided insight on opportunities for improvement in order to truly be a thriving church. These opportunities invite us to reflect, explore and evaluate ways to serve more effectively in the areas of Leadership, Empowerment and Worship

Those responding to the survey are inviting us to consider: 1. changes with congregational songs and announcements during worship; 2. living our mission statement more effectively, that is being a warm, vibrant and nurturing center, by finding more effective ways to voice concerns, and 3. creating a greater sense of joy and laughter.

The term "Sacred Cow" was repeated in the teleconference. We have been invited to evaluate components of our Sunday service—making some adjustments which may be more welcoming, especially for newcomers, often referred to as "seekers". These are typically individuals looking for a church to call home. As "dwellers", those of us who have created all that we are here at CCU, we can lose sight of what it feels like to be a newcomer attempting to fit in. Suggestions included moving the personal greeting to the social time after service, having a congregational music leader to guide us in song, and to consider closing the service by reaching out to each other within our row—hand-in-hand—leaving the ends open, creating a sense of openness rather than a sense of exclusivity. As "dwellers", we have come to value our traditions, meanwhile being unaware of the possibility of discomfort for those less familiar with our church family.

The Board, as well as the MAP (New Horizons) team and the Planning committee, have already discussed a Talent Bank, to get to know your talents, interests, and willingness to give in developing our church community and extending outreach. We have discussed the need for leadership training, to provide the opportunity to anyone in the congregation who may have an interest to facilitate small groups or lead in other capacities.

On March 30<sup>th</sup>, we held a congregational meeting to present the findings and provide time for brainstorming. The focus at this meeting included empowerment of all and worship. The Board of Trustees will review these valuable ideas in moving forward to strengthen who we are as a thriving Unity ministry. Further comments, suggestions, questions may be directed to the Board members, preferably in writing to ensure better understanding of your input. This is an ongoing process and this survey validated our awareness of those areas we desire to develop more effectively. We appreciate your contribution to this process!!

*From a peaceful heart, I am contributing to the harmony in my world.*



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Rochester, NY 14607-1025

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Dial – A – Prayer 865-8683 Ext. PRAY (7729)  
Two—minute recorded prayer message

If you no longer wish to receive this  
newsletter, please check this box and return this  
sheet to us.

Sent with love to:

Sunday Celebration – 11:00 AM

Practical Christianity for the 21st Century



*Every Land is the Holy Land!*

*Unity National School in Colombia requests prayer support from you, our beloved Unity community, and invites you to join us in prayer for peace.*

*“We recognize that there is only one Truth, and that is God; only one law, and that is love; one essence and it is peace. God as Truth, love and peace manifests Itself fully and clearly in the country of Colombia and in all countries directly and indirectly involved in their circumstances. Love prevails, and divine clarity guides them in all their affairs. Thank God that we know the hearts of all people in these cities and countries quickly rise to the Christ Consciousness and peace reigns there now! And so it is. Amen.”*






April 2008

# Christ Church Unity

**I AM awake to my good, I ought to have it and I claim it now!**

With thanks to Rev. Catherine Ponder

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		<b>1</b> 7:30 AM Overeater's Anonymous 7:30 PM ACIM	<b>2</b> 5:30 PM Outrageously Alive Cmte 7 PM Meditation 7:30 PM Door to Success	<b>3</b> 1 PM Door to Success	<b>4</b> 7:30 AM Overeater's Anonymous	<b>5</b> 10 AM David Hawkins
	<b>6</b> 11 AM Sunday Service Rev. Eleanor Celentani 1 PM Aromatherapy workshop	<b>7</b> 7:30 AM Overeater's Anonymous	<b>8</b> 7:30 AM Overeater's Anonymous 7:30 PM ACIM	<b>9</b> 7 PM Meditation 7:30 PM Door to Success	<b>10</b> 1 PM Door to Success	<b>11</b> 7:30 AM Overeater's Anonymous
<b>13</b> 11 AM Sunday Service Rev. Eleanor Celentani	<b>14</b> 7:30 AM Overeater's Anonymous	<b>15</b> 7:30 AM Overeater's Anonymous 7:30 PM ACIM	<b>16</b> 7 PM Meditation 7:30 PM Door to Success	<b>17</b> 1 PM Door to Success 6 PM New Horizons	<b>18</b> 7:30 AM Overeater's Anonymous	<b>19</b> 10 AM David Hawkins
<b>20</b> 11 AM Sunday Service Rev. Eleanor Celentani Volunteer Recognition Sunday 12:45 Louise Hay Expanded Film	<b>21</b> 7:30 AM Overeater's Anonymous	<b>22</b> 7:30 AM Overeater's Anonymous 7:30 PM ACIM	<b>23</b> 7 PM Meditation 7:30 PM Door to Success 5:30 Planning Cmte	<b>24</b> <i>Fold Newsletter</i> 1 PM Door to Success 7 PM Drum Circle	<b>25</b> 7:30 AM Overeater's Anonymous 10:30 AM Friday's Angels	<b>26</b> 10 AM David Hawkins 1 PM Prayer Team
<b>27</b> 11 AM Sunday Service Rev. Steve D'Annunzio	<b>28</b> 7:30 AM Overeater's Anonymous	<b>29</b> 7:30 AM Overeater's Anonymous 7:30 PM ACIM	<b>30</b> NO Class or Meditation			

Our Mission Statement:  
Christ Church Unity is a warm, loving and vibrant spiritual center in the heart of Rochester.  
Recognizing our divine nature, we create a nurturing environment of spiritual freedom where all can develop their spiritual potential for lives overflowing with blessings.

55 Prince Street  
Rochester, NY 14607  
Dial-A-Prayer: 585-865-8683  
Ext. PRAY (7729)  
Minister's Office: 585-473-0145  
Phone: 585-473-0910  
Fax: 585-271-1297  
E-mail: [unityroc@frontiernet.net](mailto:unityroc@frontiernet.net)  
Website: [www.unityrochester.org](http://www.unityrochester.org)

  
Sunday Celebration  
11:00 AM

*Practical Christianity for the 21st Century*



*You've seen the movie.....now delve deeper into the healing process of self-discovery that can change your life! Featuring Guest Authors from her hit movie.*

*Louise Hay introduces another installment of her life changing message to the world..... You Can Heal Your Life!*

*Dr. Wayne Dyer is called the father of motivation. Learn how to change your thoughts, and change your life .*



*Esther and Jerry Hicks deliver inspirational messages of joy and well being from non-physical teachers.*



*Expanded Version  
of  
Louise Hay Film  
Showing Here at*



*Unity Church*

*Sunday April 20th*

*At 12:45 PM*

*Pizza available for purchase*

*Before the film*



# Christ Church Unity

Humanity awakens and transforms into its divine identity.  
Christ Church Unity is a focal point of service to this vision.  
~Christ Church Unity Vision Statement

<http://unityrochester.org>

## Enrichment Programs April 2008

*Classes, workshops, and other events for your education,  
inspiration, and spiritual growth.*

### *You Can Heal Your Life*

The Extended Version of Louise Hay's film *You Can Heal Your Life*, featuring Dr. Wayne Dyer and Esther and Jerry Hicks, will be shown on Sunday, April 20 at 12:45PM. A pizza lunch will be available for purchase.

### *Introduction to Aromatherapy*

Presented by Hallie Sawyers, nationally certified instructor. \$30 includes lunch (at 12:30) and materials including bottles/jars and essential oils. Designed as an introduction to aromatherapy for anyone wanting to know more about using essential oils safely and effectively. Topics include: Safety precautions specific to common health concerns and drug interaction, assuring the purity of the oils you buy, creating an essential oil product targeting a specific therapeutic effect, and a detailed introductory manual for future reference. Sunday, April 6, 2008, 1:00-4:00 PM. To register, please see the registration form on the flyer in the newsletter, or call 585-967-0009 or email [hallie@soulsong.com](mailto:hallie@soulsong.com). All proceeds benefit Christ Church Unity, gift of Helen Lutz and Hallie Sawyers.

### *Class The Door to Success—Final Month*

Concludes April 23<sup>rd</sup> and 24<sup>th</sup>

The final session is the metaphysical interpretation of "Snow White and The 7 Dwarfs"

### *Drumming Circle*

The circle will be Saturday April 26, 1-3 PM. This group is facilitated by Matt Mantione and is offered on a love offering basis. Bring a drum if you have one; a limited number of drums are available for students who do not have their own.

### Facilitating Small Group Discussion Classes

CCU will offer training developed by the Association of Unity Churches for facilitators of small group Unity classes. If you are interested in taking this instruction, please sign up at the church or call us at 585/473-0910. Dates and times are tba, depending on interest.

On-going Groups and Discussions		
<p><b>Tuesdays</b>  <i>A Course in Miracles</i>            with            Dijana Winter            7:00—8:30            \$13/session, \$22 for couples</p>	<p><b>Wednesdays</b>            Meditation with            Rev. Eleanor Celentani            7:00—7:30 pm</p>	<p><b>Saturdays</b>            David Hawkins            Book Discussion            10:00 am—12:00 pm</p>

Unless otherwise stated, all events are held at Christ Church Unity, 55 Prince Street, Rochester, NY.  
For more information on classes and events, please contact us **between 1:00—5:00PM, M-F** at 585-473-0910.