

Unity Church of Greater Rochester

A Positive Path for Spiritual Living



April/May 2015

A member of Unity Worldwide Ministries/Affiliated with Unity, publisher of Daily Word

Our Vision Statement

Humanity awakens and transforms into its Divine Identity. Unity Church of Greater Rochester is a focal point of service to this vision.

Our Mission Statement:

Unity Church of Greater Rochester is a warm, loving and vibrant spiritual center in the heart of Rochester.

Recognizing our divine nature, we create a nurturing environment of spiritual freedom where all can develop their spiritual potential for lives overflowing with blessings.



Truth Students:

Spring is in the air....The subtle signs are here. As we enter this time of the year we are open to the excitement it has to bring. The birds are singing , the flowers are getting ready to bloom as the snow washes away, the rains renews the earth. Here at Unity Church of Greater Rochester we too are excited.

The congregation has voted on Rev. Ann Frances as Unity Church of Greater Rochester's minister. The Board of Trustees has successfully negotiated her contract . Rev. Ann has planned services for Good Friday at 6:30 pm and Easter Sunday at 10 am.

In this very moment, there is an opportunity for us to connect to the presence of God. As we go beyond the mental recognition of it, and experience it as our reality. Father-Mother God, we thank you for your plan for Unity Church of Greater Rochester unfolding.

What we praise, we raise! Our words have power; words of praise and thanksgiving raise the level of our consciousness.

We praise and give thanks for each person who enters Unity Church of Greater Rochester and chooses to become part of our church community. We are grateful for the energy and enthusiasm for the leadership council who has continued to step up supporting the church as we have continued on this journey together. We give thanks for those who have anonymously given their skills, talents and treasures. We recognize God in all as a blessing.

During the month of April the Board of Trustees will be recognizing our volunteers. Please look for the date and time in the newsletter. See you there...

Rich Blessings,
Larlene President, Board of Trustees



Discover by Sharing

Our Board of Trustees

Larlene Fyles, President
Mary Ann Ruganis, Vice President
Marilyn Hampton, Treasurer
Paula Fletcher, Secretary
Vada Good, Trustee
June Fisher, Trustee

Senior Minister

Our Staff

Emily Carpenter, Webmaster
Jane Faust, Accompanist
Jeanne Gagne, Venise Cottrell, Admin. Asst.
Marna Rossi, Youth Ed. Dir.

Our Leadership Council

Audio –
Beautification/Earthkeepers Chair—
Bookstore – Joan Miller
Bylaws– Mary Ann Ruganis
Chaplaincy—Jane Faust
Circulation Day —Katherine DaCosta
Counters—Marilyn Hampton
Directory—Marie Hedrick
Financial Prosperity - Larlene Fyles
Greeters – Jackie McCullough
Librarian - Carol Baumeister
Newsletter - Bernie Bowie
Nominating Comm. - Stan Marshall
Photographer – Mike Gacek
Platform Assistants – Donna Ries
Prayer – Jean Marie Bianco
Prosperity Projects -
Publicity -
Purchasing Agent—Bernie Bowie
Remembrance - Marilyn Hampton
Search Committee—Kathy Anderson
Spiritual Healing - Donna Ries
& Vicki Williams, Co-Facilitators
Sign Ministry - Mike Gacek
Social –
Social Media—Barbara Boyce
Ushers –Helen Lutz
Welcoming—
Women of Wisdom—Jeanne Gagnè



Skills and Talents Requested

Do you know what makes Unity Church of Greater Rochester such a positive hub of spiritual energy? It is the loving, caring, spiritual contributions of people like you. All of the ministries are made up of ordinary people who together do extraordinary work. The events such as World Day of Prayer and Prosperity Projects are chaired by people who raised their hand and took a step forward knowing they would be supported in their efforts.

Please take a moment to look over the ministries and consider getting involved. No contribution is too small or too insignificant; all of the ministries would welcome additional people to contribute to the spiritual growth of UCGR.

To learn more about each ministry you can visit our website at <http://www.unityrochester.org>



Newsletter Under Construction

UCGR is taking a look at the newsletter and would like to know your opinion. What information would you like to see more of? What would you like to see less of? Is there something missing all together? If you have an idea or suggestion, please drop it in the 'Tell it to the Board' box located in the lobby on the table with the sign-up sheets.

Discover ~ Every Day



April 3

Good Friday Service
Rev. Ann Frances

May 17

Sacred Healing

April 5

Easter Sunday Service
Rev. Ann Frances
Unity Family Dinner



April 19

Volunteer Appreciation
Sacred Healing



Discover in Prayer

April Affirmations

Inner Peace

I choose to live with a peaceful heart.

Guidance

God guides me to my highest good.

Healing

I partner with God in caring for my body temple.

Prosperity

I am swimming in a sea of prosperity.

World Peace

Peace in my soul contributes to peace in the world.

The Power of Prayer

Prayer Team members will be standing up in the Sunday services to lead the Prayer Intentions part of the service.

The Unity theme for December is Come Home to Unity; for January it is Come Home to A Fresh Start.

Catherine Ponder Prosperity Dial-A-Thought 760-346-3964

Silent Unity's number is 1-800-669-7729 or go to
www.silentunity.org

News From Bookstore

The 2015 Lenten booklet from UNITY Village Publications is available in the bookstore for \$1.00 each. This year's booklet is entitled Learning to Let Go. A great way to prepare for our Holiest of Days. A wonderful little gift for friends, especially those not able to attend Sunday services. Also new this spring is The Little Book of Affirmative Prayers. This booklet contains classic Unity Prayers, Prayers by Topic and Prayers for Children. They too are \$1.00 each.

We are invited to take part in a **county-wide prayer project** involving many denominations of churches. Please join us in **holding in Light the following places** during these weeks. Rochester City neighborhoods alternate with other towns.

April 5—Village of Fairport
April 12—Dutch Town
April 19—Town of Gates
April 26—Edgerton

May 3—Town of Greece
May 10—Ellwanger Banger
May 17—Town of Hamlin
May 24—Grove Place
May 31—Town of Henrietta



Prayer Team

The prayer Team would like to urge any member of the congregation (whether or not you are a member of the church) to consider joining the Prayer Team.

The Prayer Team is simply a bunch of folks who pray with intention every day.

Here's how it works: A person who would like prayers to be said for themselves or others or any reason at all calls into the Prayer Line of the church and leaves a message. Within the next day or two, a designated person of the prayer team picks up the message and e-mails the other prayer team members with the request and a suggested prayer to fit the need. Everyone else on the prayer team then adds that request and prayer to their

list of folks to pray for. (As a member who prays for everyone on the list, you can put all these requests together and pray for everyone all at once if you like. You don't have to repeat each and every prayer every day.) The request stays on the list for 30 days, unless we get a message telling us that the issue is resolved and only prayers of gratitude are needed.

Duties of the prayer team have changed a bit during our transition time between full-time ministers. Since Rev. Eleanor retired, we have been taking turns leading the Prayer Intentions during Sunday service. When our new minister comes, that may change. Also, in the past, we have had a member of the Prayer Team go into the Prayer Room (just off the education room) after the service to do individual prayer with anyone who would like to request a one-on-one prayer. We haven't done

that recently, but when we get more members who are willing and trained to do it, we would like to start doing that again.

If you have an interest in joining our group, please call or talk to Jean Marie Bianco.

And if you can't commit to joining the active Prayer Team right now, please consider a daily prayer intention in your own prayers. Include everyone on the prayer list and state love and healing for them. That will exponentially increase the love sent their way!

We are grateful that additional active prayer Team members are responding to our call. Our Prayer Team is vibrant, active and sizzling with zeal for prayers and healing. And so it is, Amen. The phone number for the Prayer Line is: **585-473-0910 extension #2**



Sacred Healing

The healing power of God is eternal.

Every moment of our life is an opportunity for healing and growth.

Did you know that Charles and Myrtle Fillmore, our founders, invited clients into their home for healing sessions? It had also been reported that Myrtle Fillmore stood on her front porch to do healings and there was always a long line waiting down the sidewalk! SPIRITUAL HEALING IS A CORE OF UNITY. The experience is one of wonderful peace, love, and healing.

I would like to speak about the heart:

- ~ It is through the heart we communicate with God.
- ~When you live with an open heart, you radiate love. Kindness, compassion, forgiveness, and gratitude become second nature. The heart

never forgets these previous acts, these experiences stay in our hearts forever.

- ~The heart holds the ideas and attitudes about our worthiness to give and receive love.
- ~Musical note: F
- ~Essential oil: Rose
- ~Crystals: Rose Quartz, Diamond
- ~Metals: Copper, Gold
- ~Angelic Presence: Archangel Raphael
- ~Color: Green

Please come and join us for a Sacred/Spiritual healing after service, usually the 3rd Sunday of the month. You can sit quietly and enjoy the sacred space and music or chose to experience the Spiritual Healers. Be open to receive and believe.

We are courier's for Gods healing grace. To lay our hands upon another in the act of healing is a blessing.

In Gratitude,
Vicki Williams and Donna Ries

Discover through Leadership



Highlights From the Board

Dear Members and Friends of Unity
Church of Greater Rochester,


With the exception of Rev. Ann Frances' visit, workshop, interview, offer and subsequent hiring as our new Senior Minister (beginning June 1) in February, it has been a busy but fairly quiet couple of months. This of course is relative considering the board has been bustling with activity for the last 10-12 months after our senior minister's retirement.

It was business as usual and your Board of Trustees has worked diligently, tirelessly and has maintained a calm and presence that is very admirable.


I stepped in to help out (it had only been a little over a year since my last service on the board) after a member of the board resigned and I must say it was busy! But I have not regretted one minute that I did this. What an incredible group of people to work with ... not only the Board, but the Minister's Search Team and the Leadership Transition Team (this is made up of each ministry's leader.) I am humbled by their dedication, hard work and love for our church as well as the ability to see humor in most everything and boy did we have fun too!

This section is usually reserved for the "highlights" and actually, I think those things listed above are the best highlights of the past months. Thank you, to all of you, for this opportunity and the blessings I have received being a member of the board. You have 2 new and wonderful candidates to vote for at the annual meeting, Vada Good and Helen Lutz ... please send them your prayers and blessings.

In Love and Service,
Paula Fletcher
Interim Board Secretary

 **Unity Family Easter
Dinner**

If you can not be with your family this Easter, come to the Unity family table. Bring your favorite holiday dish to pass. Unity will provide the traditional ham. Please sign up in the lobby.



*I meet my
life with a
bright
outlook. Life
is good.*

We now unfold into the Divine Plan; Christ is our transforming Power.

APRIL 2015

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2 7:30 AM OA	3 Good Friday 7:30 AM OA 6:30 Good Friday Srv	4 10 AM TIOG
5 Easter 10 AM Service Rev. Ann Frances	6 7:30 AM OA	7 7:30 AM OA	8 3 PM Qi Gong	9 7:30 AM OA	10 7:30 AM OA	11 10 AM TIOG
12 10 AM Service	13 7:30 AM OA	14 7:30 AM OA	15 3 PM Qi Gong	16 7:30 AM OA	17 7:30 AM OA	18 10 AM TIOG
19 10 AM Service Volunteer Appreciation Sacred Healing	20 7:30 AM OA	21 7:30 AM OA	22 Earth Day 3 PM Qi Gong	23 7:30 AM OA	24 7:30 AM OA	25 10 AM TIOG
26 10 AM Service	27 7:30 AM OA	28 7:30 AM OA	29 3 PM Qi Gong 5:30 PM FPM	30 7:30 AM OA		

MAY 2015

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 7:30 AM OA	2 10 AM TIOG
3 10 AM Service	4 7:30 AM OA	5 7:30 AM OA	6 3 PM Qi Gong	7 7:30 AM OA	8 7:30 AM OA	9 10 AM TIOG
10 Mother's Day 10 AM Service	11 7:30 AM OA	12 7:30 AM OA	13	14 7:30 AM OA	15 Newsletter Deadline 7:30 AM OA	16 10 AM TIOG
17 10 AM Service Sacred Healing	18 7:30 AM OA	19 7:30 AM OA	20	21 7:30 AM OA	22 7:30 AM OA	23 10 AM TIOG
24 10 AM Service	25 Memorial Day 7:30 AM OA	26 7:30 AM OA	27 Newsletter Assembly	28 7:30 AM OA	29 7:30 AM OA	30 10 AM TIOG
31 10 AM Service						

Coming Home to Relationships

April ~ May Birthdays

Ann Robertson April 1
 David Cafalone April 4
 Liesl Gaesser April 6
 Patricia Woodard April 6
 Beverly Bryant April 7
 Johnnie Dawson April 7
 Kathy Cumbo-Gallagher April 7
 Christopher Brucker April 8
 Davidia Dawkins April 8
 Johnny Gacek April 8
 Jane Faust April 9
 Eileen Metzger April 10
 Beverly Otto April 10
 Venise Cottrell April 14
 Carol Cafalone April 15
 Andrew Villone April 16
 Debbie Sigrst April 16
 Diane Dunkleberg April 19

Sam Thayer April 21
 Jan Sparka April 22
 Laura Sutton April 24
 Nora Powderly April 26
 Lucy Miraglia May 3
 Elaine Casquarelli May 3
 Joanne Guarneri May 6
 Deborah Cooper May 9
 Chris Spridy May 9
 Dennis Lutz May 12
 Lori Goldsmith May 13
 Eric Gekoski May 18
 Mary Jo TenEyck May 19
 Michele Benton May 20
 Tally Poulin May 21
 Bronwyn Dunning May 22
 Mary Ann Ruganis May 26

Jeanne Bowman May 27
 Anna Mary Chase May 28
 Kathy Golden May 28

*Happy Birthday to you...
 There is joy in the Universe
 Because you exist!*



Birthday Cards



Barb Boyce coordinates the mailing of birthday cards for CCU. This is a pleasurable service and open for anyone to share in. We book volunteer

service in 1 month blocks. Cards, stamps and a list of names/addresses are provided so all you do is set up your schedule of mailing at home and send out our cards. If you would like to sign up for a month, please see Barb.



UCGR Hours

UCGR will continue with the 10 AM Sunday Service and Sunday School time.



Online Donations

We are grateful that our church can receive donations online. Go to any page on our website www.unityrochester.org and click on the purple button. Thank you.

On-Going Events

The "There is Only God" study group meets every Saturday from 10 AM—Noon. Next meeting April 4, 2015. <http://thereisonlygod.com>.

To receive the newsletter or event flyer or both by email, go to our website, www.unityrochester.org, and click on *Get Unity Updates*.



Women of Wisdom

The women of Unity Church of Greater Rochester meet every month sharing and laughing, usually at members' homes. The meetings are an opportunity to get to know each other at a more personal level. Those interested in hosting a meeting, please contact Jeanne Gagne' at 585-473-0910.

Recording of Our Services

Our website has a button on each page to access recordings of our Sunday lessons and meditations. We thank Kathy Dennis-Anderson for help in updating this page.

This is a free service which we give to the world.



Thank you for keeping our Sunday services fragrance free.



Don't forget you can support UCGR every time you search the internet or shop online with www.GoodSearch.com or www.GoodShop.com

Type Christ Church Unity-Rochester into the "I support box" and click on verify. Money from advertisers will go to UCGR.

Submission Deadline

For June/July Newsletter

May 15, 2015

Assembly Date

May 27, 2015



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Website: www.unityrochester.org

ADDRESS SERVICE REQUESTED



Find us on Facebook: Unity Rochester

If you no longer wish to receive this
newsletter, please check this box and return this
sheet to us.

Sent with love to:



*Awake, thou wintry earth—
Fling off thy sadness!
Fair vernal flowers, laugh forth
Your ancient gladness!*

Thomas Blackburn, An Easter Hymn

www.unityrochester.org



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