

Christ Church Unity
A member of the Association of
Unity Churches International
Affiliated with Unity, publisher of the
Daily Word

Christ Church Unity

60th Anniversary Year



Dear Circle of Light,

Our Vision Statement

Humanity awakens and transforms into its Divine Identity. Christ Church Unity is a focal point of service to this vision.

Our Board of Trustees

Paula Bramwell, President
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Rev. Eleanor Celentani,
Spiritual Leader/Minister

Our Staff

Bernie Bowie, Newsletter Editor
Jane Faust, Accompanist
Anita Gaiteri, Custodian
Samuel Gaiteri, Custodial Aide
Eric Strader, Gardener
Thomas Warfield, Soloist

Our Ministry Team Coordinators

Audio – Chris Spridy & Bob Gajewski
Bookstore – Paulie Gajewski
Circulation Day – Paulie Gajewski
Greeters – Kat VanMeenen
Librarian/Fun Club—Sylvia Barker
New Horizons—Eileen Smith
Nominating Cmte—Anita Gaiteri
Photographer – Mike Gacek
Platform Assistants – Donna Ries
Prayer – Jane Faust
Prosperity Projects—Bill & Eileen Smith
Remembrance – Rev. Eleanor
Social – Anita Gaiteri
Ushers – Marie Hedrick
Youth Education Director and
Lead Teacher – Marna Rossi

Submission deadline for next issue:
May 18, 2007

Assembling date:
May 24, 2007

I greet you with Light in this joyous spring season! Here comes the sun!

Our Anniversary Committee has been working for many months to get ready for **May 6th**, our second major celebration in the 60th anniversary year of our church incorporation. Our first event was just one week before, our special Historical Sunday on April 29. In that service we distributed a one-page **summary of the highlights of our history** from 1945 to 1978, with a special section on our spiritual roots going back to 1916 when the Unity work began in Rochester. I wish I could have seen and known those early teachers who were acquainted with the Fillmores. I do not doubt that they were of a high vibration. As of yet I do not know how or why Cora French Williams came to Rochester; perhaps that information will be revealed in the coming days. We will place some extra copies of this history on the counter at church for those who were not here on April 29. You may also request one to be sent to you via email by contacting our church office. The **photo collage** from our archives will also be available again at our anniversary banquet on the 6th at the RIT Inn and Banquet center. See if you can find my picture from about 23 years ago, and other current members too. The **Sunday Service on May 6 is at the church**. Don't miss the **special bulletin board** near my office with **our history tree**. **Overflow parking on May 6 will be in front of the Red Cross.**

Speaking of history, on a personal note, I am missing my copy of **The Metaphysical Bible Dictionary** which was given to me as a birthday gift by some friends here in the 1980's. I am pretty sure that I lent this to someone, but I don't remember who. The book is hard covered, dark blue, about 2 inches thick and has personal inscriptions on the front flyleaf. I need this for my work, so if anyone has it, please let me know. Thank you.

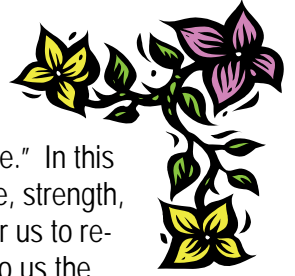
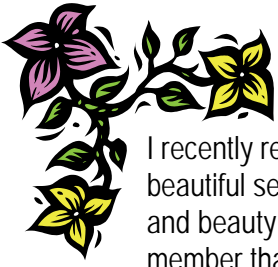
A flyer about the **upcoming workshop, "If I Had But One Year to Live,"** is included in this mailing. As we contemplate the passing of time (anniversary again) we realize just how valuable time is on this plane of experience. I urge you to consider attending this June 16 workshop given by Dale Goldstein, a noted psychotherapist in our area. Elsewhere in this newsletter there is a testimonial letter from Hallie Sawyers of our church who attended this workshop some years ago and derived great benefit from it.

On **May 20th** we have a **very important meeting** in the afternoon: a presentation to the congregation by **New Horizons**, in which they will tell us all that they have found out about our church from the numerous surveys they have taken in recent months. They will present facts from other research outside the church as well. I have seen the preview and I hope that you will attend. It describes the environment and resources we have as we go forward into the next phase of our strategic planning for our future. You will have an opportunity to **give your input** to the NH group as well. I see this as the complement to the Anniversary: the NH activity is the aspect of our consciousness which is looking ahead, planting the seeds of our future.

A new book discussion club begins this month with a focus on **prosperity consciousness**. See page 8. The first title is The Secret. I also call your attention to our **church sign** by the street – be sure to look when you come; there is a message on either side, changed weekly. A couple more volunteers interested in working on the sign would be welcome. Please contact me.

Wishing you a joyous spring of Love and New Beginnings,
Rev. Eleanor

Teachings in Truth



I recently read that the origin of the word "May" is the Latin word "Maia," which means "increase." In this beautiful season of spring we see the life of the Earth expressing its increase in the resurgence, strength, and beauty of living things, and this lifts us up emotionally, mentally and spiritually. It is well for us to remember that we are an intrinsic part of this living organism called planet Earth, which reflects to us the deepest ideas in the collective unconscious. Let us unify with the idea of ever-renewing Life by claiming: "I AM The Resurrection and the Life." Pray this for increased health and vitality.

You can make the decision to allow into your soul all the life, strength and goodness of Nature which surrounds you, and to celebrate this gift with gratitude. Take a little more time out in Nature, for just being there can heal you. Listen to the birds, look at the flowers and trees, be *conscious* of all the *Life* that is surrounding you. My thought is that spring in Rochester is usually short, and that summer's heat comes quickly. Therefore, enjoy the spring while you can! Don't miss it! When you come to church, look at the colors of the flowers in our garden; every color has a message and an energy signature. Florence S. Shinn wrote, "You combine with what you notice." Pay attention to the good.

In Unity we have the saying, "Look for the good and praise it." This is a second key to "increase." Whatever you praise will increase, whether spiritual or material. Praise yourself, and praise others. Praise the health you have, the love you feel, the ideas you receive, the money you have. Praise your home and all the possessions you want to keep. Praise is like fertilizer to a garden. It makes good things grow stronger. Myrtle Fillmore proved this healing law by praising her weak body back into health. It is very important to realize that she praised health *before* it became visible. You can praise what you want to see come forward into experience and visibility, whether in someone else or in yourself. You could make a list now of everything you want to praise in May.

Another way we increase good is by breaking it apart and giving it away. When you plant seeds, you scatter them. When Jesus fed the five thousand, He broke apart the substance on hand, and looked up to God while He blessed it. Then He gave it out to the multitude. If you want something good in your life to increase, give some away: love, attention, respect, kindness, time, money. The Giving Law is the Law of Increase: as you give, you receive. The garden of this increase is watered by Faith and the spoken word. "Divine Love blesses *and multiplies* all that I give and all that I receive."

During this anniversary year, we are reflecting on the seeds which were planted here in the past, and how they have increased. We now enjoy their benefits. Let us praise God for the increase and gratefully share with others the good we have now. This plants the seeds of future increase of blessings for ourselves and those to come.

With love and gratitude, Rev. Eleanor



New This Month...



May 3
5:30 PM Anniversary Committee meeting

May 3
7 PM Prosperity Book club meetings start

May 6
Anniversary Banquet

May 16, 30 & June 6
5:30 PM Membership Class

May 19
9 AM—1 PM Spruce Up Day

May 20
12:45 PM New Horizons Presentation to the Congregation. Lunch will be Provided

Upcoming Events

June 9
Circulation Day

June 16
Presentation by Dale Goldstein

July 24
Red Wings Baseball Game

September 23
Annual Picnic



CCU in the spring
Photo by Mike Gacek



Prayer

May Affirmations From Silent Unity

Inner Peace

In the sanctuary of God's love, I experience absolute peace.

Guidance

One with infinite wisdom, I move forward with clarity and direction.

Healing

The energizing life of God is flowing throughout my being. I am whole.

Prosperity

With a thankful heart, I welcome the good that God has prepared for me.

World Peace

Prayer by prayer, we create a consciousness of peace that blesses the world.

Prayer Ministry Power

May is the month when we remember the faculty of Power, one of the twelve powers. This power is located in the throat center, and we use it by speaking words of Truth. What we affirm or deny, joined with Faith, works on Substance to create or change conditions. Jesus said, "My words are Spirit and Life." Your word is the law unto your experience. Speak forth words of power and faith for your healing, love and supply.

For prayer requests or other messages to the prayer team call 473-0910 and press 4. Please let us know if you or a family member are ill or hospitalized so that we can pray with you.

Our Prosperity

Our April blessing included:

- ◆ Prayers for our church at Unity Village on April 19th;
- ◆ Help to mail the newsletter provided by: Bill & Eileen Smith, Sue Giannavola, Peela Hooke, Jean Marie Bianco, Elsè Vella, Chris Spridy, Bernie Bowie, Rev. Eleanor;
- ◆ A \$1000 bequest from the estate of Marian Hoyt;
- ◆ An inspiring Palm Sunday pageant; Bernie Bowie, Jane Faust, Paulie Gajewski, Anita Gaiteri, Sara Katy Lim, David Mercer, Marna Rossi, Leah Ruekberg, Karen Sparka, MaryJo Ten Eyck, Joanie Trahan, John Vella, Thomas Warfield, Leslie Wright, Paul Drago, Pamela Cornish;
- ◆ A beautiful choir performance on Easter Sunday, directed by Thomas Warfield;
- ◆ Easter flowers donated by Dick Ten Eyck, John Roberts, and Deborah Cooper and others;
- ◆ Office help from Sue Giannavola, Paulie Gajewski and Bernie Bowie;
- ◆ Spruce Up day volunteers John Roberts, Leslie Wright, and Dick Ten Eyck;
- ◆ A special anniversary reception cake baked by Anita Gaiteri for April 29;
- ◆ A bulletin board with our history tree created by Dorothea King and Stan Marshall;
- ◆ Our photo archive display created by Dorothea King;
- ◆ A written description of our CCU history and early roots researched by Stan Marshall;
- ◆ Generous donations from the congregation for our anniversary banquet to make free tickets available to others;
- ◆ Our greeters: Sue Giannavola, Coby Nichols, Loretta Callahan, Kat Van Meenen, Marty Roberts, Tom Hydahl, Jean Mc Donough, Kathryn Franz;
- ◆ All who serve on Sunday mornings: our social hosts, ushers, greeters, platform assistants, Sunday School teachers and assistants, counters, musicians, audio recorders, bookstore volunteers and prayer team;
- ◆ All of our congregation who participate in our church life through their attendance, love, support and financial gifts.

"Freely we have received; freely we give." Thank you, God.



Volunteer of the Month

This month the frog is going to someone who quietly does many things. She sings in the choir, helps clean up after classes and events and made costumes for the Palm Sunday Pageant. She has shared her professional sewing talent with many at no charge. In appreciation for her caring and sharing we would like to pass the frog to Joanie Trahan.

Dorothea King & Anita Gaiteri

Divine Love richly provides everything now.



Message From the Board...

What do you look for in a leader? Each individual has his/her own views on what a leader is. Most look for a person that can take charge in a group or make a group follow their every word. But what if we take a different look at leadership? Any person that has established goals and the will power to achieve them has the ability to form a group and take on a leadership position.

It is important that a leader possesses good character and that he or she have the skill to communicate, cooperate, and get along well. A leader has to teach a group that in taking any action, it is best to have integrity and moral purpose behind it. A leader functions best when he or she incorporates the group into the process of achieving the goals. Being open minded to new and different ideas, incorporating all ideas, combining and compromising

within the group, is what a leader can do best. In this case the works best to reach the goals because they are content with how the leader is exercising control. A leader does not need to be in full control on the situation because they work with the group, and as a team, they trust and believe in each other to complete their mission.

Submitted by Sue Giannavola

Highlights from the Board

The "New Horizon" Ministry group had a meeting on April 15th to hear from each sub-group as well as discuss their findings. They are also working on their presentation of their research that will be presented to the congregation on May 20, 2007.

Our 60th Anniversary Celebration of the incorporation of Christ Church Unity will start on Sunday, April 29th with our "Historical Sunday". On May 6th will be a special Anniversary Sunday Service at the church followed by a banquet at the RIT Inn and Confer-

ence Center on West Henrietta Road.

Reflecting on our recent Annual Meeting in mid-March, the Board is looking at some steps to make next year's meeting run more smoothly, including revising the scope of work for the Nominating Committee to include leadership development training for new Board members.

The membership approved creating a pictorial church directory. Coby Nichols and Eileen Smith have offered to work on it, with a target completion date of September.

Another series of classes for those interested in membership, or just finding out about Unity, will be offered May 16, May 30, and June 6, 2007 from 5:30 to 6:30 PM.

Respectfully submitted,
Marie Hedrick



The Healing Power of Listening and Speaking

You may be like many of us who read a lot of books, ranging from self-help to the new Physics of Quantum Mechanics, and/or attend numerous spiritual growth seminars and workshops, all in an attempt to raise consciousness and by so doing improve the quality of your life. (That of course is a very good thing.) But what if somehow you still come up empty-handed? Again, most of us have had similar experiences, until we looked at yet another area of our life that needed to be taken in for repair, that is.

Much like our checkbook, it is good to balance our education as well. "The Secret" this time, is about a new method of communicating, connecting with others in the most harmonious way. To build strong and positive relationships in all areas of life.

I am happy to share that Dr. Rosenberg has developed a curriculum that provides us with this very missing link. It is best known by the name of "Nonviolent Communication." (NVC for short) The word "nonviolent" in NVC refers to the term as M. Gandhi used it when he spoke of the absence of violence in the human heart.

NVC teaches us to reframe how we express ourselves and hear others. It is founded on language and communication skills that strengthen our ability to be non-judgmental and to create a win/win situation. NVC seeks to replace old patterns of misunderstandings and is a perfect tool to avoid potential conflict.—Sounds good? Wait; there is more good news.

The use of NVC does not even require that the person with whom we are communicating be literate in NVC or even

motivated to relate to us compassionately. If we stay true to the principles, motivated solely to give and receive compassionately, and do everything we can to let the other person know this is our only motive, they will sooner or later join us in the process.

This communication style of expressing oneself honestly and responding empathically has been received with much enthusiasm and yielded great success throughout the US and other countries. And yes, it is offered right here at Christ Church Unity and other places in Rochester, NY. Visit www.cnvc.org or email jvella-oo1@rochester.rr.com.

Submitted by Elsè Vella

People In Action

Youth Education



We will have a special program for all children on May 6 during Sunday School. John

Roberts and Deborah Cooper will be bringing a special guest, Pete, who is a Delta Pet Partner Dog who visits schools, hospitals, nursing homes. We will learn about caring for animals and how animals help people.

Thank you to the children and their families who took part in the Palm Sunday play. Thank you parents and family members for your support. Congratulations to the children for their delightful performance. Thank you Jordan & Sean Cottrell, Liana & Devin Toric, Jon Russell, Paige & Gavin McIntosh, Angelina Cornish Smelts, Jenna Vamvakus, Johnny Gacek, Josh McFarland, Alex

Chappell, Emma Mrygold and Grace Rundberg. Special thanks to Paige McIntosh for her beautiful singing.

Prosperity Projects 2007

The Prosperity Projects committee hopes to bring ideas that will help you become a magnet for all good things in your life. Each month you will find a Prosperity Newsletter on the front counter.

In May we will start a Book-of-the-Month Club. Each month we will review a book on prosperity. May's book will be The Secret. All books will be available for purchase in the bookstore. For more information see flyer on the front counter.

We will also start in May the study of The Master Key System written by Charles Haanel, a 24 week system on visualization.

Join us May 3 at 7 PM. We will spend the first part of the meeting discussing the book and the second half studying a lesson from The Master Key System.

Prosperity Projects 2007 is dedicated to providing information to aid in the raising of the Prosperity Consciousness of all. In living in a state of prosperity for ourselves, we are then able to share with others.

As a student of life, I am ready to learn in fun, joyful ways.

Ways to Get Involved



Friday's Angels will meet in May. Please check the bulletin or call the church office for the date.

Promotion Club

The spiritual support group for people seeking new employment will meet May 9 at 5:30 PM. Please call Rev. Eleanor for more information. New people are welcome.

Sanctuary Ministry

Rev. Eleanor requests help on occasional basis with preparations for special services. Please see the new flyer and sign up if you can help. Thank you.

Circulation Day

Saturday, June 9, 2007, 10 AM—4 PM

Circulation Day is based on the Vacuum Law that in order to make room for the "new good" we must "let go of the old."

Drop off your clean items that are in useable condition on June 4, 5, 7 & 8 between 10 AM-4 PM; on June 6 items can be dropped off between 12-4 PM. For evening drop off please call the church for an appointment. Note large items will not be accepted until Saturday, June 9.

Suggested items: electronics, furniture, home décor, kitchenware, clothing, shoes, boots, jewelry, tools, household goods.

CCU Membership Class

Rev. Eleanor Celentani will be conducting new member classes May 16, 30 and June 6 at 5:30 PM for anyone interested in becoming a member of CCU or for people who would like to learn about Unity. Participants should plan on attending all 3 sessions if seeking membership. Please see the front counter for more information and to sign up.

Spruce Up Day



Our next Spruce-Up day will be May 19. Come anytime between 9 AM and 1 PM to lend a hand. Please sign up so we know who is coming. Thank you.

Living~Giving~Learning

Unity May Birthdays

Joseph Paul Carlino	May 1	Michele Benton	May 20
Beverly Markham	May 4	Jeanette Bowman	May 21
John Walsh	May 5	Debra Culligan	May 26
Deborah Cooper	May 9	Anna Mary Chase	May 28
Chris Spridy	May 9	Kathy Golden	May 28
Dennis Lutz	May 12		
Mary Adams	May 17		
Ann Marie St. Rose	May 17		
Peter Gagliano	May 17		
Sharon Van Niel	May 18		

We love you.
We bless you.
We behold the Christ in you.
Make a wish!



On-Going Events

Every Saturday the **David Hawkins Book Discussion** group will meet from 10 AM-Noon. The next discussion is May 5, 2007.

A Course in Miracles (ACIM) class, led by Dijana Winter, meets on Tuesdays, 7-8:30 PM. For information call 585-703-1914. \$13/session –Couples \$22/session.

OVERFLOW PARKING



On **May 6**, you may park in the Red Cross parking lot if our church lot is full. This is only for the main Red Cross lot which is entered from College Street, in front of the Red Cross building and only on this specific Sunday. We are grateful to the Red Cross for their kind assistance on this special day.

Food and toiletry items for **Dimitri House** can be placed in the box under the reception desk at any time. Items are delivered by Chris Spridy the first Sunday of the month.

Positive Communication, facilitated by Elsè Vella, will be in recess beginning in May. A start up date will be announced.

Office Hours



Our office is being staffed by volunteers on Wednesday and Friday, 1—3 PM. If you call at another time, please leave a message and your call will be returned.

Thank you for making our Sunday Service fragrance-free.

The voice mail schedule of activities has been discontinued due to lack of use. Event information is on the newsletter calendar and the website. Current information is also listed in the Sunday bulletin.

Bookstore News



The Bookstore has a new policy, since our collection has expanded, it is necessary for us to limit the amount of space and time for holding materials. Beginning now, books, dvd's & musical cd's will only be held for one week and tapes & cd's of the Sunday services will only be held for one month. Thank you for your understanding and cooperation.

Sign Ministry

In the last month we have begun a new phase of using our church sign to send out healing and uplifting words to those who walk and drive by. Each side of the sign has a different message based on Unity Principles. This is a free gift to the Universe. Of course we hope it may inspire someone to inquire about Unity, but our main goal is to freely share the Truth we have been given.

If you feel attracted to helping with this ministry, please contact rev. Eleanor at 585-473-0145. We are looking for 2 additional helpers to work once or twice a month for about 1 hour. A list of messages is provided. And do look at the messages when you come to church, and let us know what you think!. Thank you!

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Dial – A – Prayer 865-8683 Ext. PRAY (7729)
Two—minute recorded prayer message

If you no longer wish to receive this
newsletter, please check this box and return this
sheet to us.

Sent with love to:

Sunday Celebration – 11:00 a.m.

Practical Christianity for the 21st Century



Mother's Love
Her love is like an island
In life's ocean, vast and wide
A peaceful, quiet shelter
From the wind, the rain, the tide.
'Tis bound on the north by Hope,
By Patience on the West,
By tender Counsel on the South
And on the East by Rest.
Above it like a beacon light
Shine Faith, and Truth, and Prayer;
And thro' the changing scenes of life
I find a haven there.

Author Unknown