

Christ Church Unity
A member of the Association of
Unity Churches International
Affiliated with Unity, publisher of the
Daily Word

Our Mission Statement:
Christ Church Unity is a warm, loving
and vibrant spiritual center in the heart
of Rochester. Recognizing our divine
nature, we create a nurturing environ-
ment of spiritual freedom where all can
develop their spiritual potential for lives
overflowing with blessings.

Our Board of Trustees
Paula Bramwell, President
Bob Gajewski, Vice President
Leslie Wright, Treasurer
Barbara Daly, Secretary
P.J. Trahan, Trustee
Bob Murray, Trustee

Rev. Eleanor Celentani,
Spiritual Leader/Minister

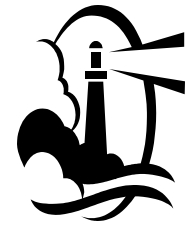
Our Staff
Bernie Bowie, Newsletter Editor
Jane Faust, Accompanist
Anita Gaiteri, Custodian
Samuel Gaiteri, Custodial Aide
Thomas Warfield, Soloist
Jonathan Wolfinger, Gardener

Our Ministry Team Coordinators
Prayer – Jane Faust
Ushers – Marie Hedrick
Greeters – Kat VanMeenen
Platform Assistants – Donna Ries
Bookstore – Paulie Gajewski
Social – Anita Gaiteri
Remembrance – Kat VanMeenen
Circulation Day – Dorothea King
Audio – Chris Spridy & Bob Gajewski
Photographer – Mike Gacek
Librarian/Fun Club—Sylvia Barker
Youth Education Director and
Lead Teacher – Marna Rossi

Submission deadline for next issue:
June 16, 2006

Christ Church Unity

Light Notes



June 2006

Dear Unity Family,

Thank you for all you are doing to give of yourself to Unity here in Rochester. I am grateful for the growth we are experiencing and for everything you do to support that, directly or indirectly. Your gifts of time, attendance, prayer, volunteering, and financial support are all manifestations of the Universal Substance coming to us and through us. Thank you so much!

I am grateful to Bob Murray for his willingness to accept appointment to our **Board of Trustees** to fill a vacancy. Bob has already been serving on our Financial Prosperity Committee, while he attends Sunday Service every week, and participates in the David Hawkins study group. Bob retired not long ago from working in banking, so he brings us some specialized knowledge along with his loving heart. Thank you, Bob!

I am happy to report that we will receive **new members** at the service on May 28th. Most of them are people who were members in the past, and are now back. I am glad that our Unity family is being brought back into greater wholeness by weaving in the strands which were temporarily away for different reasons. This is Divine Restoration taking place. Since I am writing this before the final membership class, I will write their names in the July newsletter. Please give them your personal welcome when you see them.

This month we have **Circulation Day** on Saturday, June 17 from 10 a.m. to 3p.m. **You may bring your items to donate on Thursday and Friday, June 15 and 16. Please call ahead or watch the bulletin for announcement about when someone will be here to let you in.** There is a sign-up sheet on the front counter for volunteers to help prepare and staff the event. For those of you who are new, Circulation Day is a free giveaway of our extra personal possessions which are still in good condition. Anyone from the community can come and take what they can use. I hope those people among us who feel burdened by "too much stuff" will take advantage of this opportunity to practice the Vacuum Law and give away what you do not need. As you give away, your prosperity increases!

A **new class** this month is "Friday Night Feng Shui" with Lyn Volare and Sylvia Barker's class on Reflexology is also new. The Fun Club is practicing social dancing, and no partner is required to come and learn. The last metaphysical movie in this series, "Little Buddha," will be shown June 3rd. If you come I suggest you read the entire list of credits at the end of the film.

Something we are doing for the first time is **advertising at the Little Theater**, starting in late May/early June. If you patronize the Little, please watch for our two slides and let us know what you think. This will last for six months. This is an attempt to reach out to people who we think could be in our potential circle of influence.

Affirm that your spring and summer are blessed with *happy surprises*, and that you are open to them now!

Blessings,
Rev. Eleanor

Teachings in

Dear Children of Light,

As the sun rises higher in the sky, let **the Light** of God's Presence also rise higher in you. This Light is Life and Strength to your whole being; purification of your mind and affairs. As your thoughts are purified and renewed, your experience becomes more peaceful as you reach deep down into the essence of things. You claim and use more of the power which is yours now as a son or daughter of the One. As your inner satisfaction deepens, you need less in the outer world. You realize that abundance is a state of mind of God's provision whereby material things appear to fill your requirements when desired.

This year we remember the Light of **Pentecost** on the first Sunday in June. This special day commemorates the experience described in the second chapter of the Acts of the Apostles, where the followers of Jesus were in prayer and received the outpouring of the Holy Spirit. Receive now the Holy Spirit into *your* mind, heart and body. During our service on June 4th we look at some of the ways in which the Holy Spirit touches our lives. I invite you to wear a **red** article of clothing or a **red** accessory, to symbolize the red fire of the Spirit's Presence.

The **Summer Solstice Meditation** on June 21st at 7:00 p.m. will also point our thought to Light. The meditation will be followed by Prosperity Class. Teachers in spirit have pointed out that the Summer Solstice is an important day for spiritual energy. The physical sun at its apex "stands still" and this begins the time when we experience the outpouring of life force that comes with the arrival of summer. This is another opportunity to *align with Nature* and thus increase our subconscious union with universal spiritual forces.

As you begin your summer, I hope you will plan to *take time to relax and renew yourself*. This is important in our hectic world where people feel stress and pressure of many kinds. Let there be Light in your whole consciousness. As the Old Testament says, "the Sun of Justice rises with Healing in his wings." My wish for you is this healing now.

In the Light of Love,

Rev. Eleanor

New This Month...



June 1 & 15

5:30-6:45 Promotion Club

June 14

6-8 PM Newcomers Gathering

June 21

7 PM Summer Solstice Meditation

June 3

Noon—2 PM Spruce Up Day

June 15

5 PM Building Use and Beautification committee meeting

Save the Date

June 3

5 PM Metaphysical Movie "Little Buddha"

July 25

7:05 PM Red Wings baseball game

June 9

7-8:30 PM Feng Shui class taught by Lyn Volare

June 15 & 16

Drop off items for Circulation Day

June 17

10 AM -3 PM Circulation Day

June 10

2-5 PM Foot Reflexology Class



Prayer

June Affirmations From Silent Unity

Inner Peace

Peace fills my soul as I center myself in the love of God.

Guidance

Always in God's presence, I am divinely guided in thought and action.

Healing

The pure essence of my being is God's ever-renewing life. I radiate health.

Prosperity

God is my source and my supply. I give thanks for the good that is mine.

Prayer Ministry

A book of affirmations covering many subjects, including all Twelve Powers, is in a prayer album on the front counter. It is available from Light and Love Ministries for \$28 plus postage and handling (exact price will depend on quantity ordered). If you would like a copy, there is a sign up sheet on the front counter. This is a great opportunity to have encouraging messages at your finger tips.

Employment

God is in charge of my life and affairs. I fully trust God to care for all needs and open the way to work and supply.

From Prayer Album by Light and Love Ministries


For prayer requests or other messages to the prayer team call 473-0910 and press 4.

Please let us know if you or a family member are ill or hospitalized so that we can pray with you.

Our Prosperity

God blesses up with ongoing support and supply:


- ◆ Our May Daily Word readers: Bev Liederbach, David Mercer, Joanie Trahan.
- ◆ May newsletter help: Rev. Eleanor, Sue Giannavola, Chris Spridy, Anita Gaiteri, Deb Laino, Josephine Hendricks, Dijana Winter, Dorothea King, Elizabeth Crawford, Peela Hooke, Lisa Ryan.
- ◆ Beautiful flower arrangements from Paulie Gajewski, Bev Liederbach, Bill & Eileen Smith, Maryanna Mueller .
- ◆ A large donation of Rosicrucian books was given to our library by Marvin Morris, who collected over thirty years.
- ◆ Bernie Bowie has substituted for Bob Gajewski in running the sound system and projection system for special services and events in addition to typing the weekly bulletin and producing the newsletter.
- ◆ Kat Van Meenen has volunteered to be the chairperson of the Greeters group.
- ◆ Rev. Steve D'Annunzio shared teaching from his new book about the Prosperity Paradigm at a recent workshop here.
- ◆ Maryanna Mueller has coordinated a Fun Club outing to see and discuss "The DaVinci Code."
- ◆ Marie Hendrick is updating our Membership Directory and continuing to make nametags for new people.
- ◆ Jeanne Gagne & Beverly Markham are new bookstore volunteers.
- ◆ Jonathan Wolfinger maintains our grounds with care and creativity.
- ◆ Joan Yaeger, Mike Gacek and Marie Hedrick worked for 2 hours each to beautify the outside grounds and interior of the building to prepare for a wedding held here in May.
- ◆ Several people from our church volunteered to participate in the City's Clean Sweep project among them: Mary Chase, Mike Gacek, Marie Hendrick, Josephine Hendricks, Bev Otto & Joan Yaeger.
- ◆ Jane Faust conducted the Metaphysical Movies class enjoyed by many and has led the One Winged Angels group on a continuing basis.
- ◆ All the other volunteer whose names are not listed here help us every week or every month and thereby make it possible for us to serve you.
- ◆ Thank you all for being loving channels of our good; we are grateful.



Volunteer of the Month

The frog/frogette had another restful and musical month on the piano. As the frog hops into the month of June I wanted him/her to land in the lap of a person whose care and concern for others is very special. This month's volunteer calls everybody in the church on their birthday whether she knows them personally or not (something she took upon herself to do). I was very touched, as others have been, to get a birthday greeting from her over the phone on my birthday. This person's faith is a living example for all of us. In her quiet and humble way she lights up our lives. What may seem as a small action actually adds tremendously to the unity of our congregation. It is with deep affection and appreciation that I pass on the frog to this month's volunteer—Amy Spence.

Peace
Thomas





Board News

VOL_NTEER - the only thing missing is... you!

I borrow this slogan from an old recruitment drive where I work, because it says it all, so simply. Each of us has something to offer in service to Christ Church Unity, and what wonderful expressions of love and abundance this congregation could manifest if we all chose to share what we can of our time, energy and talents.

Supporting an increase in volunteerism among our congregation was a priority of mine when returning to the Board this year. This means so much to me because, frankly, we are reaching a point of growth and progress that de-

mands it.

Spiritually, financially, and in membership, Christ Church Unity has been on an upward path for several months. All this good has to be channeled in ways that:

1. serve the congregation's needs
2. improve our property and our processes, and
3. allow us to make positive contributions to the greater community.

This will only be possible by accessing all the resource potential within this congregation.

It is a stereotype, that in large groups and institutions, the lion's share of the work tends to be done by a small number of the members. Currently our church is no exception. We have a small but hearty band of folks who

serve on the committees and ministries and who provide the muscle for various events and activities. This is an incredible and productive group – the only concern is that the group is too small.

I invite everyone to help defy this stereotype by having more active support from congregants who give whatever they can. The opportunities are many and varied: Bookstore –Prayer Ministry – Greeters/ Ushers/Platform Assistants – Social Committee – Financial Prosperity Committee – Planning Committee – Circulation Day – and I could go on. What I hope to convey is that there's room for everyone's efforts, ideas and expertise. Please feel free to join the circle of giving on your own terms.

Blessings,
Leslie Wright

Highlights from the Board Meeting

This month the Board welcomed new member Bob Murray who replaces Cheri Charboneau. Bob has agreed to serve as a Board member until our next Annual Meeting. We are grateful to have the opportunity to work with Bob.

Leslie Wright, Treasurer, reported that first quarter income is 50% ahead of where it was at the end of first quarter 2005. Expenses for 2006

are 24% greater than 2005 for the same time frame. This gives CCU a 26% net positive increase. Our prosperity reflects our mission to be a "vibrant spiritual center!"

We are in the process of looking at hiring a new office assistance on a part time basis. This should allow Rev. Eleanor do what she does best. And that is to be our minister!

We are looking forward to Circulation Day on June 17th Dorothea King and Paulie Gajewski are in charge of this day so if you have questions, these are the people to talk with.

Our next Board meeting is scheduled for Sunday, June 4, 2005.



Committees at Christ Church

We think of our church committees as ministries because through them we serve the Divine Plan. New people are always welcome to join, contribute and support the manifestation of our Vision. Please contact the following people for more information:

Planning Church Events—Bob Gajewski

- Beautification (building & grounds)—Joan Yaeger
- Financial Prosperity (of the church) - Leslie Wright
- 60th Anniversary—Rev. Eleanor
- Welcoming—Rev. Eleanor
- Bookstore—Paulie Gajewski
- Circulation Day—Dorothea King

Today is a new day filled with

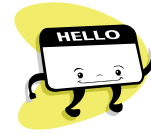
People In Action

Youth Education



We are always looking for helpers and people who would like to share their talents with the children; if you are interested, please contact Marna.

Welcoming Ministry Event



If you have been attending Christ Church Unity for 2 years or less, we invite you to a **special program for new people** on Wednesday, **June 14**, from 6-8 PM. The gathering will include a light supper, get acquainted activities, and an informal question and answer session with Rev. Eleanor to discuss any questions you have about Unity. Reservations are required to facilitate planning. If you would like to attend, **please sign up** at the front counter by Tuesday, **June 6**. This event is hosted by the CCU Welcoming Ministry. We look forward to getting to know you better!

My gifts from God are treasures of the heart that I share

Ways to Get Involved

Promotion Club

A spiritual support group for people seeking new employment will meet June 1 & 15 from 5:30—6:45 PM. New participants are welcome. Love offerings are gratefully accepted. Please call Rev. Eleanor for more information.



The next meeting of The **One-Winged Angels** support group led by Jane Faust will be June 30. The topic will be a follow up discussion to the movie "The DaVinci Code." The group will adjourn to lunch afterwards. Newcomers are welcome.

Foot Reflexology

Sylvia Barker, certified reflexologist, will teach a class on Foot Reflexology on Saturday, June 10, from 2-5 PM. This class is recommended to anyone in the healing arts and to the general interest student as well; cost is a love offering. Please sign up at the front counter if you would like to attend, or call 473-0910 (press 2) and leave a message in the church office.

Metaphysical Movies Class



The Metaphysical Movie class will meet June 3 to view "Little Buddha". Following the film there will be group discussion led by Jane Faust. Showtime is 5 PM. To help facilitate handouts, please sign up at the front counter. The cost of the class is a love offering.

Library News

The library has many magazines about archeology and the Bible which are great eye openers. There are also videos from John Gray the author of *Men are From Mars and Women are From Venus*. There are also some books still available for purchase. See Sylvia Barker if you are interested.



Fun Club

The Fun Club will have swing dance practice on Thursdays at 7 p.m. If the front door is locked please go around and knock on the sanctuary window. If you are interested in going to the Renaissance Fair in Sterling, NY either July 8-9 or 22-23, please contact Sylvia Barker.

"The Indigo Evolution", sequel to the Indigo Children film, will be shown at CCU on Saturday, June 24 at 5 PM. This film explores the themes of non-violence, spiritual oneness of the planet, and the acceptance of those who are perceived as different. The film lasts approximately 70 minutes. All are welcome.

Liv-

Unity June Birthdays

Bernie Bowie	June 1
Dr. William E. Smith	June 2
Richard Ten Eyck	June 4
Paulie Gajewski	June 9
Laurie Houseman	June 9
Rae Foster	June 13
Sharon Francis	June 14
OJ Vidas	June 14
Paige McIntosh	June 16 (11yrs)
Donna Gainsborough	June 17

Joan Yaeger	June 20
Robert Murray	June 20
Thomas Warfield	June 20
Abby Rose Coughlin	June 25
Bob Gajewski	June 25
Eileen Smith	June 25
Isobel Gillen	June 28
James Iacutone	June 29
Garret Wilcox	June 30 (2 yrs)

We love you.
We bless you.
We behold the Christ in you.
Make a wish!



On-Going Events

Every Saturday the **David Hawkins Book Discussion** group will meet from 10 AM-Noon. The next discussion is June 3, 2006.

A Course in Miracles class, led by Di-jana Winter, meets on Tuesdays, 7- 8:30 PM. For information call 585-703-1914. Love offering.

Food and toiletry items for **Dimitri House** can be placed in the box under the reception desk at any time. Items will

Feng Shui

A new class in Feng Shui (pronounced fung shway) will be held on Friday, June 9, from 7-8:30 PM. Instructor Lyn Volare (formerly Williams) is well-known in our area as a feng shui consultant, helping people and businesses make their environments more serene, joyful and prosperous. You are invited to sign up at the front counter and to take a feng shui interest inventory, so Lyn can determine which topics are of most interest to students here. The class will be given on a love offering basis. For questions about the workshop contact Lyn at 585-244-1332 or Lynvolare@yahoo.com.

be delivered the first Sunday of the month.

The Infinite Way by Joel Goldsmith book discussion group will meet Thursdays 10 AM-Noon. For information, please contact Norm Dinolfo.



Take Me Out to the Ballgame...



Join others from CCU as we root for the Rochester Redwings on July 25, game time 7:05 PM. CCU will sit together and be recognized on the big score board. Thomas Warfield will sing God Bless America during the 7th inning stretch. Don't wait to sign up. We must have a minimum of 50, so invite your friends! Tickets will cost \$5 that's a \$1 discount. See you there!

In Memoriam



In April Bernie Hyman made his transition very unexpectedly. We were all surprised to lose this friend and long time member of our church, when he was just here a few days before. Bernie was dedicated to serving CCU by supervising the auditorium parking activity, which has brought in much needed funds for our church for a long time. We are grateful to Bernie for the generous commitment he made to our church. A special memorial to Bernie will be held later in the year. Thank you, Bernie; the Love of God enfolds you.

Office Hours



Our church office is closed on Mondays and Tuesdays, but you can leave a message at any time by calling 585-473-0910.

Reminder: the **schedule of activities** for CCU is available by calling the church at 473-0910 and pressing 3 on the voice mail options.

Thank you for making our Sunday Service fragrance-free.

Christ Church Unity
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If you no longer wish to receive this
newsletter, please check this box and return this
sheet to us.

Sent with love to:

Sunday Celebration – 11:00 a.m.

Practical Christianity for the 21st Century

Before I Was Myself, You Made Me, Me



*Before I was myself you made me, me
With love and patience, discipline and tears,
Then bit by bit stepped back to set me free,*

*Allowing me to sail upon my sea,
Though well within the headlands of your fears.
Before I was myself you made me, me*

*With dreams enough of what I was to be
And hopes that would be sculpted by the years,
This bit by bit stepped back to set me free,*

*Relinquishing your powers gradually
To let me shape myself among my peers.
Before I was myself you made me, me,*

*And being good and wise, you gracefully
As dancers when the last sweet cadence nears
Bit by bit stepped back to set me free.*

*For love inspires learning naturally.
The mind assents to what the heart reveres.
As so it was through love you made me, me
Et slowly stepping back to set me free.*



By Nicholas Jordan