



Christ Church Unity

The Year of Living Abundantly²⁰¹¹

June/July

Christ Church Unity A member of Unity Worldwide Ministries/Affiliated with Unity, publisher of Daily Word

Living Abundantly in Truth

We are happy to send our newsletter to all who want to have it. If you no longer desire to have this newsletter mailed to you, please call us at 585-473-0910 and let us know you wish to be taken off our list. If you leave a message, please include your address and zip code. If you wish to continue receiving this, do nothing, and we will continue to mail to you bimonthly. You may also get the newsletter by email by going to our website, www.unityrochester.org, and clicking on the "Get Unity Updates" button. Thank you for being part of our Unity readership! Bless you!

Greetings to our Unity spiritual family near and far! It is a pleasure to connect with you once again.

During the month of June Unity is focusing on the theme of "**Behold Beauty Everywhere**" and in July on "**Embrace Forgiveness**." Certainly forgiveness is something which we hear a lot about in Unity, but the Beauty theme is more unusual and will invite us to new reflection. I would like to pose some questions to facilitate your own thought on what you think Beauty is and how it could be found everywhere, as our theme says.

The theme of Behold Beauty Everywhere calls us to think about **what constitutes beauty** in the first place. That question alone is worth your time to reflect on. What do you think beauty is? Is that your own idea or have you absorbed it from somewhere? I once saw a program on PBS in which anthropologists said that studies show the human mind is programmed to look for a certain configuration of facial features, having a specific mathematical ratio, as being attractive or desirable. It was surprising to learn that this is inborn. This is speaking of beauty in a visual, physical way. But beauty can relate to all of our senses. If music or sound is beautiful, what makes it so? If a texture or shape is beautiful, why is it? What makes a fragrance beautiful? Is all this totally subjective? We have certainly all heard that "Beauty is in the eye of the beholder."

On the spiritual level, I believe that beauty is the emanation of Goodness, which is God. Goodness contains within it order, love, wholeness and purity, which our souls find uplifting and comforting. Sometimes beauty can be striking, in that it profoundly wakes you up from your normal state of consciousness. At other times beauty is in the presentation of serenity, in which a harmonious feeling of unity is conveyed, with no specific thing standing out. A landscape might be an example of this. We have all had the experience of having stress reduced by being outside in nature.

What do you think a beautiful church would consist of? In ages past, church architecture was specifically designed to lift the eye and mind upward to heavenly realms, at least symbolically.

Beautiful stained glass windows and statues were used to remind people of spiritual truth and the Creator's goodness expressed through people and things. Color and other techniques can be artfully used to lift consciousness. A beautiful church might also be thought of as the quality of consciousness of the people in it. What would that be?

As a child of God you were created with God's innate beauty and goodness within you. Reflect this month on letting that beauty be felt by you and shared with our world as only you can do. In the past I have shared the affirmation from Sanaya Roman, "My presence alone is valuable." You might change that to, "My presence alone is beauty."

Thank you for sharing your essential beauty with the world and with us here at Unity. We thank God, the Source of all beauty, for our ability to be healed and uplifted by the beauty all around us. We behold beauty everywhere.

With gratitude, Rev. Eleanor

Dear Unity friends,

At this writing we are enjoying beautiful flowers on our property and our lilac bush is in full display. Our pink dogwood has also come out, so our grounds are giving us much color and form to enjoy. We give thanks for so much **natural beauty** which is freely given to us. I also appreciate the help we receive from our Earthkeepers group to take care of all this.

A happy occasion coming up is **Sunday, June 5**, when we will recognize and give thanks for the longevity of our relationships with this church and with the Unity teaching. On this day we will have a special service and coffee hour, and we will acknowledge those who have been with our church for decades. If you would like to help with this celebration, please sign up for one of the small tasks which need to be done. We will be offering rides to some of our elders; if you can drive someone please sign up. And please come to lend us your presence to add to the festivity.

On the subject of our grounds, an important decision from last February has been reaffirmed by recent events. Our Earthkeepers chair, Todd Smith, consulted with tree care professionals, including a professor of Horticulture at FLCC, Dr. David Marion, in regard to our large linden tree near the front entrance. **Copies of Dr. Marion's report are available on the front counter for anyone who would like to read it.** Unfortunately Dr. Marion's report informs us that the tree is unsafe to leave up in an area so close to people and property, and for safety's sake must be taken down. Dr. Marion is an expert on tree conservation, and he said that remedial efforts would be insufficient for problems as advanced as they are with this tree. Thus we will be taking down the tree as soon as practicable. To say goodbye we will have **a special ceremony outdoors, on Sunday, June 12, after the coffee hour**, to which all are welcome. We bless this tree and all the years in which it has stood by our church building. Now we humbly let go and allow substance to be transformed.

Letting go is also an important theme of **Circulation Day**, which we will have on **Saturday, June 18**. Please see the article in this newsletter with more details. Help will be needed on the day and during the week before. Paulie Gajewski is in charge again and welcomes your help for whatever time you can give. As we give, we receive, of our substance, time and energy. Thank you!

At the Minister's Fireside Chat on May 15 about 25 people discussed several aspects of **communication** between the church and the congregation. It was determined that in general the newsletter is meeting people's needs. A few enhancements are being worked on, which you will see in the future, as well as the opportunity to have intermittent email messages go out with important news or spiritual content in between newsletters.

Thank you for your presence and participation in our church! We look forward to seeing you soon.

Love and Blessings, Rev. Eleanor

Living Abundantly



June 5

Celebrating Long Relationships in Unity

June 18

Circulation Day

July 23

Leadership Event

Upcoming Events

August 31

Redwings Baseball Game

September 25

Church Picnic



Photo by Mike Gacek



Living Abundantly in Prayer

June Affirmations

Inner Peace

I radiate peace with every thought, word and action.

Guidance

The wisdom of God lives within me.

Healing

I claim my wholeness as a perfect child of God.

Prosperity

I am prospered by the infinite flow of divine ideas.

World Peace

I see the world through the eyes of love.

Thank you for joining in "Rochester Prays."

Communities of Focus—Week of

June 5—Marketview Heights

June 12—Village of Hilton

June 19—North Winton Village

June 26—Village of Honeoye Falls

July 3—Park-Meigs

July 10—Town of Irondequoit

July 17—Plymouth-Exchange

July 24—Town of Mendon

July 31—Susan B. Anthony

Prayer Ministry

Our mission statement: Awakening to the Christ within ourselves through prayer, we affirm the Divine Identity in others so that they can see it in themselves and receive its blessings.

We assist in holding spiritual energy at services, maintaining daily prayer for those who call our Prayer line (or contact us via the website), and offer personal prayer time in the prayer room after Sunday service. We invite congregants both near and far to join us in the sacred space of prayer. All conversations and needs are held in confidence.

Prayer Team members are committed to your spiritual comfort and well being and look forward to a vibrant year in 2011.

The Prayer Line phone number is 585-473-0910 ext 4 or call Silent Unity at 1-800-669-7729

Barbara Boyce
Prayer Team Coordinator

Watch for a new way to share reports of gratitude for answered prayer—we will make this available in future issues. Start keeping your list now!

Living Abundantly with Gratitude

We gratefully acknowledge the extra gifts of time and service which many of our members have made in the last two months:

- ◆ Those who helped with folding and mailing the April/May newsletter: Peggy Harvey, Janet Collamer, Jean Marie Bianco, Peela Hooke, Bernie Bowie, Jeanne Gagne, Rev. Eleanor;
- ◆ Earthkeepers for sprucing up the CCU grounds: Todd Smith, Dick & Mary Jo Ten Eyck, Marie Hedrick, Sandra Weatherup, Leslie Wright, DJ Gainsborough, Nancy Donals, Wendy Low, Juanita Fernandez and CCU neighbors Steve Markham and his children;
- ◆ For sorting and filing the music sheets in the storage behind the sanctuary: Marie Hedrick, Venise Cottrell;
- ◆ Leslie Wright for making meals for the Board meetings;
- ◆ Venise Cottrell for office help;
- ◆ For helping to make the Sacred drama special: Barbara Boyce (for lighting), Carol Baumeister, Donna Ries, Jeanne Gagne, Bob & Paulie Gajewski; Paula Bramwell; Marilyn Hampton, Jackie McCullough; Paula Fletcher; Catherine Smith;
- ◆ Sacred Healing Meditation: Vicki Williams, Sylvia Barker, Donna Ries, Dwight Burnham;
- ◆ Kitchen reorganization & helping with social events: Linda Grape, Barbara Boyce;
- ◆ Organizing the archives: Mary Jo Ten Eyck.

All in our congregation who contribute their time, love, service and financial support: may you be abundantly blessed in return with every good thing!

Volunteer of the Month

June



My choice for Volunteer of the month is someone who has ushered and collected the offering for quite some time and is now volunteer on the Social Committee assisting for special occasions. She is also a member of the Remembrance Ministry and recently took charge of preparing the flowers for Mother's Day. She has also sent cards on behalf of the Remembrance to our church family. She has made reservations for us with the Town of Brighton to use one of their buildings for our annual church picnic. She often comes to help fold newsletters. In the past she has helped with decorating. Although volunteering is extremely important, the thing I honor in this person is the volunteering behind the scenes that many may not be aware of. This person has been very Christ-like to Laurie (who attended our church a few years ago) who has MS. Many, many phone calls were placed for Laurie; she went to the nursing home to visit and assisted with Laurie's move; and this volunteer still speaks to her and supports her in her new home out of state. More recently she has visited Marty Roberts at the rehabilitation center, doing errands and assisting her in whatever way she can. Without family, what would these individuals have done without her? Many thanks to **Janet Collamer** for your kindness and generosity. God bless you as our volunteer of the month!
Jean Marie Bianco

July

I am nominating **Linda Grape** as the person I want to pass the frog on to for volunteer of the month.

I think she is a great asset to the Social Committee with making birthday cakes and filling in at the social table when needed. She also did a great job organizing and cleaning the kitchen recently. Also she helps out with preparing and serving food for luncheons at the church as well as staying to clean and put things away. I believe she is a great asset to our church and social committee by always being there to help when help is needed.
Venise Cottrell

Divine Love richly provides everything now.

Living Abundantly through Leadership



Highlights from the Board

The Board of Trustees met on Sunday, April 10 at 12:45 PM and Wednesday, May 11, at 5:30 PM. The next Board meeting will be held Sunday, June 12, 2011, directly following the service.

At the April meeting, Board members volunteered for Ministry Liaison roles and other standing or rotating responsibilities for the Board year (April, 2011—March, 2012). An updated list of Board Liaisons will be published in the next edition of the CCU Directory.

A Library Task Force of Sylvia Barker, Carol Baumeister, Anita Gaiteri, and Jackie McCullough will review how our library meets member needs. Topics of discussion will include current inventory, display space, lending policies, and other issues.

Per the new Bylaws, congregants need to proactively renew their memberships on an annual basis. A new committee, to be chaired by Paula Bramwell (assisted by Catherine Smith and 2 members as yet to be named) will determine and implement a process for this.

Events—This spring, Christ Church Unity hosted the Sacred Drama: The Master and the Essenes (May 1), as well as a workshop with Course in Miracles teacher Jon Mundy (May 22).

A follow-up meeting to the Leadership Council Visioning Exercise was held Sunday, 4/17. Twelve ministry leaders discussed how to reinforce their identity as a group, which most of them felt was not strong. They noted that there is little awareness of the Leadership Council among the membership. There is great potential in this group, but so far all its activities have been driven by the Board.

It is the Board's hope that leadership of the Council will emerge from within the Council itself. Ministry leaders are asked to prayerfully consider this.

A semi-annual Board Retreat was held on Saturday, May 14th, at Mercy Prayer Center, 65 Highland Avenue. Board members admired the beauty of the grounds and gardens. The Retreat included time for both Church business and spiritual renewal. For the work session, Board members were asked to review and choose their top three priorities for CCU for the 2011-2012 Board year. Rev. Eleanor delivered an opening meditation; and Board members shared how the program had impacted them personally.

On June 5th, an event will be held at the Church to honor long-term members of Christ Church Unity, or of the Unity movement itself. Additional details pending at this time.

Registrations are still in progress for the Option Institute weekend to be held July 8-10 in Sheffield, MA. Board VP Jackie McCullough has negotiated special rates for CCU members (per group of 4); the deadline for registration is imminent, so please act quickly, if you are interested.

Respectfully submitted,
Catherine Smith, Board Secretary

A Pocketful of Wisdom

I like Truth tools. I'm delighted to belong to a Church where metaphysical truth reminders abound. I particularly like the kind of reminders that fit easily into a small purse or slide into the pocket of my jeans—tools that I can retrieve quickly and put to use when the challenges of daily life threaten to cloud my vision; tools that I can re-

trieve while standing in line at the bank, grocery store, or DMV.

Silent Unity publishes a number of tiny booklets, such as: "The Light that Shines for You," a brief history of Silent Unity and description of its services; "Prayer is Life," by James Dillet Freeman ("prayer is a way of life as well as a way of facing life. It is an end as well as a means."); Frank B. Whitney's "Keeping the High Watch," which reminds us that "Ten thousand adverse arguments are put to flight by one commanding realization of Truth." Another of these tiny pamphlets, "A Drill in the Silence," was provided to the Prayer Team by Rev. Eleanor as the opening meditation for a 2010 meeting, thus launching an ongoing practice for several of the team's members. Check the rack directly outside the sanctuary for these and other pamphlets.

To validate the claim that "big things come in small packages," one need look no further than *The Daily Word*, whose Letters to the Editor abound with testimonials of readers finding exactly the message they needed to hear in a particular day's offering. Today, for example, as I consider my to-do list, I read: *I accomplish all that is before me with ease and efficiency.* Whenever I read an affirmation that is particularly on-target for my immediate situation, I find myself involuntarily drawing in a deep, cleansing breath, acknowledging the perfection of this moment.

My personal favorites among these compact Truth lessons, however, are those booklets containing writings of the late Dr. Emmet Fox, who dedicated many years of his life to making metaphysical truth accessible to people in all walks of life through his clear, concise, plain-language essays— as well
continued on page 11

"I fairly sizzle with zeal and enthusiasm, and spring forth with a mighty faith to do the things that ought to be done by me." Charles Fillmore

Awakening into Living Abundantly

Sharon Sharing

Happy Summer to one and all! It's finally here. The snow is a memory, the spring rains have abated, and now? Now we are open and free to just relish in the joy of the season.

There is much to celebrate, isn't there? First and foremost, Father's Day is right around the bend. To all fathers who are reading this, and even those who aren't, Happy Father's Day! May you always know your oneness, may you always delight in your ways, and may you always be a blessing to all those who follow in your footsteps or walk beside you.

Jesus had a wonderful father. How do I know this? Well, because Jesus always referred to God as Father. If he had a less than great father on Earth, he would not have wanted to refer to God as Father, would he?

And so on this special day, as every day, we give thanks. We give thanks to God the Father, and to all those special people in our lives who have taken the time to father us when we needed it.

God bless you!
Love, Rev. Sharon

Call For Artists

Christ Church Unity is seeking a work of art for our sanctuary wall right behind the minister's pulpit.

It shall support and inspire an atmosphere of peace, love, light, spirituality, and transformation.

We are open to exploring many media forms but require a piece that will both complement the current space while not distracting from the minister.

To view the sanctuary and ask questions: the church will be open

Sunday, June 12, 2011

Sunday, June 26, 2011

1—4 PM



Art for the Sanctuary

The Beautification Ministry is excited to share with you the process now in place for finding the perfect artistic expression for our sanctuary wall. During April and early May, we have compiled input from the suggestion box, as well as visited local art galleries and other sites in Rochester. This has helped us to compile a list of artists and art organizations in the Rochester greater region. It has also informed our creation of a "Call for Artists." In the third and fourth weeks of May, this call has been distributed to those on our list, on Facebook, our website, through church members, and other means.

In June, we will host 2 afternoons during which the sanctuary will be open and available for any artists who would like to view the space and ask questions of committee members. During July, any artists who are seriously interested in being considered must schedule an appointment through the church office to meet with the Beautification Ministry members. By August 14, we will contact 3 of those with whom we have met to create a serious proposal with sketches and specific description and costs. These submissions are to be available to the committee by September 12.

During the month of October, the Beautification Ministry will present the three ideas to the congregation and make them available for members to view. By October 31, we hope to have a membership meeting for a final vote on our perfect selection. Anyone who would like to make a financial contribution to this project would be most welcome and appreciated. Please contact either Mary Jo TenEyck or our church treasurer, Marilyn Hampton. Please join us in remaining open to the guidance and inspiration of Spirit as we progress through this exciting process.



Sacred Healing Meditation Circle

The heart chakra or energy center is part of our Sacred Healing Meditation. It is through the heart we communicate with God. The scriptures tell us the spirit of God resides in our hearts. When you live with an open heart, you radiate love. Kindness, compassion, forgiveness and gratitude become second nature. The heart center also holds the ideas and attitudes about our worthiness to give and receive love.

With this, we invite you to join us on the second Tuesday of every month in the evening to experience our Sacred Healing Meditation.

We are couriers for God's healing grace; to lay our hands upon another in the act of healing is a blessing.

Peace,
Vicki Williams, Sylvia Barker, Donna Ries



Teen Sunday School Group

The next meeting of the Teen Friendship Group will be Sunday, June 26, at 11 AM in the Sunday School room. They are accepting new members. Please contact Leslie Wright for more information.

Awakening into Living Abundantly

June~July Birthdays

Bernie Bowie	June 1	Joan Miller	July 2
Vicky Thayer	June 3	Helen Pancoast	July 9
Sande Cooper	June 3	Gabe Rivera Sr.	July 9
Richard Ten Eyck	June 4	Janet Collamer	July 10
John Vella	June 5	Jennifer Koenig	July 16
Paulie Gajewski	June 9	John Roberts	July 18
Sharon Peters	June 14	Marillyn Wise	July 18
Oj Vidas	June 14	Margarita Wise	July 23
Ellen Fabrowicz	June 14	Stacey Herman	July 27
Donna Gainsborough	June 17	Scott Mucica	July 28
Robert Murray	June 20	Chuck Golden	July 29
Thomas Warfield	June 20	Sandra Weatherup	July 30
Joan Yaeger	June 20	Sue Ann Dunn	July 30
Paula Fletcher	June 24		
Bob Gajewski	June 25		
Karen Barrow	June 27		
Mary Richardson	June 29		

*Happy Birthday to you...
God is blessing you now!
Live Abundantly!*



On-Going Events

The **Drumming Circle** meets the last Saturday of the month, 1-3 PM. Love offering.

The **Dr. David Hawkins Study Group** meets alternate Mondays 6:30-8:30 PM. Next meeting is June 6, 2011.

Dial-a Prayer

Our Dial-a-Prayer message is updated weekly by Rev. Sharon Peters. The number to call is 585-865-8683, extension 7729 (PRAY).

Women's Wisdom meets the fourth Saturday of each month and attendees take turns hosting each other in their homes. The hostess decides on the topic of conversation and provides light refreshments (optional).

Sacred Healing Meditation Circle

meets the 2nd Tuesday of each month at 6 or 7 PM. Please sign up for an appointment time. See Vicki Williams or Sylvia Baker for more information. Love offering.

Join Us on Facebook

We have a Facebook page! For anyone who participates in online social networking, you can share on our CCU Rochester NY Facebook page at this link: <http://www.facebook.com/group.php?gid=100058125021>



Online Donations

We are grateful that our church can now receive donations online. Go to any page on our website www.unityrochester.org and click on the purple button. Thank you.

To receive the newsletter or event flyer or both by email, go to our website, www.unityrochester.org and click on *Get Unity Updates*.



Thank you for keeping our Sunday services fragrance free.



Don't forget you can support CCU every time you search the internet or shop online with www.GoodSearch.com or www.GoodShop.com

Type Christ Church Unity-Rochester into the "I support box" and click on verify. Money from advertisers will go to CCU.

Submission Deadline

For August/September Newsletter



July 18, 2011

Assembly Date

July 25, 2011

June 2011

Behold Beauty Everywhere

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2 7:30 AM OA	3 7:30 AM OA 6 PM OA	4
5 9:15 Sunday Service 11 AM Sunday Service Celebrating Long Lasting Relationships with Unity	6 7:30 AM OA 6:30 David Hawkins	7 7:30 AM OA 7 PM ACIM	8 6 PM Beautification	9 7:30 AM OA	10 7:30 AM OA 6 PM OA	11
12 9:15 Sunday Service 11 AM Sunday Service Jackie McCullough Tree Goodbye Ceremony after coffee hour 1 PM Artist Visits	13 7:30 AM OA	14 <i>Flag Day</i> 7:30 AM OA 6 PM Sacred Healing 7 PM ACIM	15 5:30 FPM	16 7:30 AM OA	17 7:30 AM OA 6 PM OA	18 <i>Circulation Day</i>
19 9:15 Sunday Service 11 AM Sunday Service Rev. Steve D'Annunzio  Father's Day	20 7:30 AM OA 6:30 David Hawkins	21 <i>First Day of Summer</i> 7:30 AM OA 7 PM ACIM	22	23 7:30 AM OA	24 7:30 AM OA 6 PM OA	25 1 PM Drum Joy
26 9:15 Sunday Service 11 AM Sunday Service 11 AM Teen Sunday School 1 PM Artists Visits	27 7:30 AM OA	28 7:30 AM OA 7 PM ACIM	29	30 7:30 AM OA		

July 2011

Embrace Forgiveness

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 7:30 AM OA 6 PM OA	2
3 9:15 Sunday Service 11 AM Sunday Service	4 <i>Independence Day</i> CCU office closed 7:30 AM OA 	5 7:30 AM OA 7 PM ACIM	6 6 PM Beautification	7 7:30 AM OA	8 7:30 AM OA 6 PM OA	9
10 9:15 Sunday Service 11 AM Sunday Service	11 7:30 AM OA	12 7:30 AM OA 6 PM Sacred Healing 7 PM ACIM	13	14 7:30 AM OA	15 7:30 AM OA 6 PM OA	16
17 9:15 Sunday Service 11 AM Sunday Service	18 7:30 AM OA 6:30 PM David Hawkins	19 7:30 AM OA 7 PM ACIM	20	21 7:30 AM OA	22 7:30 AM OA 6 PM OA	23 9 AM Leadership Council
24 9:15 Sunday Service 11 AM Sunday Service 11 AM Teen Sunday School	25 7:30 AM OA	26 7:30 AM OA 7 PM ACIM	27	28 7:30 AM OA	29 7:30 AM OA 6 PM OA	30 1 PM Drum Joy
31 9:15 Sunday Service 11 AM Sunday Service						

Awakening into Living Abundantly



CIRCULATION DAY

I can't believe it! Circulation Day is upon us! Where did the time go? Our circulation date this year is **June 18th, 10 AM—3 PM**. This is a one day event that takes at least 3 weeks to get ready for. It is an opportunity to donate good quality things in your life that are no longer serving you, and send them on (circulate them) to others.

One of Unity's principles is: **Holding on to things that no longer serve us takes energy that blocks the flow of our good.** *This is an experience in free giving and flow. We have helpers who put donated items out in the parking lot (on Saturday) for anyone to take without obligation.*

This is another Spiritual Principle: **Although abundance can manifest through the selling of an item, our giving to the people of our community without requiring money frees our thinking to recognize the many ways that God's abundance comes to us.**

This is a prosperous event for everyone. It creates greater good for you the giver because giving is the way we open ourselves to receiving. Therefore, you will have a greater consciousness of abundance which results in more good coming into your life. It creates greater good for the people who receive the goods because they are richer by having opened up to accept Supply (in the form of goods) that they were guided to. It creates greater good for all the people who experience Circulation Day because it expands each person's consciousness of God's abundance in their lives. It creates financial income because many people who take the goods will want to leave a love offering for what they receive. We invite them, without obligation, to do so. It is a wonderful thing that people recognize the value of giving in return

for receiving, even when that giving is completely optional. The spiritual principle in this type of giving is: **As you live the truth, you become the truth. As we model true abundance and flow, we become expressions of God's abundance and flow.**

Please do not bring stained, dirty or torn clothing, used cosmetics or medicines, auto parts, toys with missing parts or non-operable electronics. Why do we only give good items? Why not the other stuff we have hanging around? Jesus' teaching was "As you give it will be given unto you." We are seeking to open ourselves to that which has quality and value for our lives so we give quality and value.

The quality we perceive in what we give, expresses our sense of quality and value of those we give to. The greater our sense of the quality of others, the greater our openness to give and receive true quality into our lives.

There are many areas where you can give without bringing items to the church. It's called **participation** and it is about being a part of the day by setting up tables, moving the items out to the parking lot, and sorting and categorizing items. I will have a sign up sheet with times to bring items in, spots for folks to sort through items and on Saturday we will need men who can carry out tables and put the items out. We do have someone from a charitable organization to come and get what is left over. And yes we will need help with cleaning up at the end of the day by cutting up boxes for recyclable waste, vacuuming, kitchen clean-up and tearing down tables. I hope you will **join me the week of June 12th through the 18th** to be a part of preparing for this event.

You can start bringing items on Sunday the 12th. Please no furniture until the morning of the 18th.

Circulation Day is just a way of one person blessing another. We have done this many times before and we can do it again.

In closing my plan is make a flyer to take around to all the **businesses in our vicinity** so that we get to know our businesses and what they are about and they get to know who we are and what we are about.

We also plan to have a **prayer box** for those who are in need of prayer for healing, prosperity and peace.

Finally, "receiving is as honorable as giving". Both are needed to complete the circle. **Bring something, take something**; it is all a part of the circle of Circulation Day.

Respectfully Submitted,
Paulie Gajewski

Our Vision Statement

Humanity awakens and transforms into its Divine Identity.
Christ Church Unity is a focal point of service to this vision.

Our Mission Statement:

Christ Church Unity
is a warm, loving and vibrant spiritual center in the heart of Rochester.
Recognizing our divine nature,
we create a nurturing environment of spiritual freedom where all can develop
their spiritual potential for lives overflowing with blessings.

A Pocketful of Wisdom (continued from page 5)

— as well as his classes and talks, of which numerous transcripts are now available. I personally own four of these pocket-sized pamphlets; but according to bibliographies, there were as many as 51 of them in circulation in the early 1960s, when Dr. Fox's writings (many of which date back to the early 1930s) seemed to be enjoying a renaissance.

All of Dr. Fox's works are replete with metaphysical Bible interpretation and remind us that Christ's message is simple, that the inspired teaching is meant to be taken at face value, and that people get themselves into trouble by attempting to explain away miracles or over-complicate Truth. Many of Dr. Fox's writings focus on Demonstration (also known as Manifesting) and Treatment ("Treatment means knowing the Spiritual Truth about any person or situation." —*Find and Use Your Inner Power*), which assist us in learning how to live well by working along spiritual lines; others simply illuminate who we are and how we can express our essential natures as children of God.

The Wonder Child discusses the metaphysical birth of spiritual understanding within one's own consciousness and its parallels with events in the life story of Christ Jesus. *The Golden Key* is a synonym for Scientific Prayer, and consists of turning away from the difficulty before us—whatever it is—and focusing on God instead; i.e., to insist on God as the only Presence and only Power in the face of adversity (anything from a flat tire to a somber diagnosis) is to "Golden Key" the adversity. *The Mental Equivalent* is based on the premise that this is a *mental* world rather than a material world; and that we express dominion over our environment by *building* a mental equivalent (belief, image, goal, etc) of what we want, and *expunging* (destroying) the mental equivalent of what we don't want; and this little pamphlet contains many ideas for developing and maintaining these "mental equivalents."

The 7 Day Mental Diet is just what it sounds like: a seven-day program to abstain from "any thought that is not positive, constructive, optimistic, kind," and is a sobering experience for most Truth students. Dr. Fox advises that although negative thoughts will inevitably come to us (through the media, friends, co-workers, and our own persistent negative beliefs), the test is that they not be *entertained*; and if one finds that that he/she has "fallen off the wagon," he/she should stop the diet, take a break, and begin again a few days later. Amusingly, this particular little pamphlet was my introduction to New Thought, and boy, did I ever fall off my high horse! I stopped counting after the first 10 or 12 false starts. More than thirty years later, *The 7 Day Mental Diet* remains a good metaphysical workout—and I still have my original little red booklet: it cost me 25 cents!

—Catherine Smith, Board Secretary and Prayer Team Member

Our Board of Trustees

Paula Fletcher, President
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Paula Bramwell, Trustee

Rev. Eleanor Celentani, **Minister**
Office 585-473-0145
Rev. Sharon Peters, Assistant Minister
Cell 585-236-3878

Our Staff

Jane Faust, Accompanist
Jeanne Gagne, Admin. Asst.
Anita Gaiteri, Hostess
Scotty Ginett, Song Leader
Marna Rossi, Youth Ed. Dir.
Thomas Warfield, Soloist

Our Ministry Team Coordinators

Audio – Bob Gajewski
Beautification—Mary Jo TenEyck
Bookstore – Paulie Gajewski
Building Director—Bob Gajewski
Bylaws— Bob Gajewski
Chaplaincy—Jane Faust
Circulation Day – Paulie Gajewski
Counters—Marilyn Hampton
Directory—Marie Hedrick
Earthkeepers— Todd Smith
Financial Prosperity - Leslie Wright
Greeters – Jackie McCullough
Librarian - Sylvia Barker
Marketing - Paula Bramwell
Newsletter - Bernie Bowie
Nominating Comm. - Scotty Ginett
Photographer – Mike Gacek
Platform Assistants – Donna Ries
Prayer – Barbara Boyce
Prosperity Projects - Carol Cafalone
Publicity - Paula Fletcher
Purchasing Agent—Bernie Bowie
Remembrance - Marilyn Hampton
Sacred Meditation Healing—Sylvia Barker
Vicki Williams
Sign Ministry - Mike Gacek
Social – Anita Gaiteri
Ushers – Marie Hedrick
Website update—Jackie McCullough





Christ Church Unity
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Rochester, NY 14607-1025

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Dial – A – Prayer 865-8683 Ext. PRAY (7729)
Two—minute recorded prayer message

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Sent with love to:



June 5, 11:00 a.m.

Celebrate with us the long lasting relationships with
Unity and CCU which we are privileged to share.

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