

# Unity Church of Greater Rochester

## A Positive Path for Spiritual Living



June/July 2016

A member of Unity Worldwide Ministries/Affiliated with Unity, publisher of Daily Word

### Our Vision Statement

Humanity awakens and transforms into its Divine Identity. Unity Church of Greater Rochester is a focal point of service to this vision.

### Our Mission Statement:

Unity Church of Greater Rochester is a warm, loving and vibrant spiritual center in the heart of Rochester.

Recognizing our divine nature, we create a nurturing environment of spiritual freedom where all can develop their spiritual potential for lives overflowing with blessings.

### ***“Together in Spirit, we walk”***

*“For your steadfast love is before my eyes and I walk in faithfulness...”*  
(Psalm 26:3)

Dear Fellow Truth Students,

Glorious Days are here! The tune “What a Wonderful World” come to mind. “I see trees of green, red roses too and I think to myself what a wonderful world.” In Unity we believe that we have the power to create from our thoughts. Things may happen and yet we place the value and interpretation upon it. We are masterful creators. As we grow in greater awareness of how we are showing up, we can begin to make clearer choices on how we wish to show up. Awareness is our Power!!!! We can be conscious creators of our worlds. Let’s us walk together in Spirit and create a world of our imagining. Sing with me, “And I think to myself what a wonderful world.”

We continue our travels into the Twelve Powers of Man. **June is the month to allow our Imagination to flow and July brings greater Understanding of all this is ours to do as Christ Lights.** Each of the powers bring its own unique aspect to our enlightened path as expressions of the Living Christ and the powers all work together, awakening us to our Divinity of Man as described in the teaching of Jesus of Nazareth. Understanding in the ability to know and comprehend spiritual knowledge, Imagination is our power to shape and form divine ideas.

Our church continues to grow in love, fellowship and service. On May 29 we welcomed 5 new members into our church family. Prayer Chaplain Sunday is June 5. Six individuals are stepping into the sacred service of prayer. You will see them around the sanctuary after the service. Please feel very comfortable asking them to hold you and your events of life in prayer. The “Discover the Power Within You” class ran into overtime. The class was extended as twelve “disciples” embraced a greater understanding of the power within them. Kudos to all those who have embraced the Q-Process. Tuesday Evening Mediation continues to grow. Thank you to all who attended the 2<sup>nd</sup> In The Know” congregational gathering.

A special thank you to all of you who regularly serve in the various ministries. It takes the love and commitment of many to keep this church running and flourishing. You all Rock!!!

Namaste! Truly Honoring and Beholding the Christ You Are!  
Reverend Ann



# Discover by Sharing

## Board of Trustees

Mary Ann Ruganis, President  
Helen Lutz, Vice President  
Marilyn Hampton, Treasurer  
Mary Meissner, Secretary  
Vada Good, Trustee  
Javier Bautista, Trustee

**Senior Minister**, Rev. Ann Frances

## Staff

Administrative Assistant

## Support Positions

Emily Carpenter, Webmaster  
Jane Faust, Accompanist  
Venise Cottrell, Clerical Assistant  
Marna Rossi, Youth Ed. Dir.

## Ministries Leadership

Audio – Bernie Bowie  
Beautification/Earthkeepers Chair -  
Bookstore – Joan Miller  
Bylaws – Mary Ann Ruganis  
Circulation Day - Katherine DaCosta  
Counters - Marilyn Hampton  
Directory - Marie Hedrick  
Flowers - Joan Yaeger  
Financial Prosperity - Larlene Fyles  
Greeters – Jackie McCullough  
Hospitality—Johnnie Dawson/Liz Santa Maria  
Librarian - Carol Baumeister  
Newsletter - Bernie Bowie  
Nominating Comm. - Stan Marshall  
Photographer - Mike Gacek  
Platform Assistants – Donna Ries  
Prayer Chaplain - Katherine DaCosta/Jane Faust  
Prayer Team – Jean Marie Bianco  
Publicity -  
Purchasing Agent - Bernie Bowie  
Remembrance - Marilyn Hampton  
Search Committee - Kathy Anderson  
Social Outreach -  
Special Events Catering- Larlene Fyles/Vada Good  
Spiritual Healing - Donna Ries & Vicki Williams, Co-Facilitators  
Sign Ministry - Mike Gacek  
Social Media - Barbara Boyce  
Ushers - Lisa White  
Welcoming -  
Women of Wisdom - Carlina Dunigan/  
Carol Baumeister

## June Affirmations

### Inner Peace

I find peace in the stillness of my soul.

### Guidance

I listen to inner wisdom and make wise choices.

### Healing

My body is a temple of divine life and light.

### Prosperity

Attuned to prospering ideas, I draw my good to me.

### World Peace

I envision all people as citizens of peace.

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Catherine Ponder Prosperity Dial-A-Thought  
760-346-3964

**Silent Unity's number is 1-800-669-7729 or go to**  
[www.silentunity.org](http://www.silentunity.org)

We are invited to take part in a **county-wide prayer project** involving many denominations of churches. Please join us in **holding in Light the following places** during these weeks. Rochester City neighborhoods alternate with other towns.

June 5 Marketview Heights  
June 12 Village of Hilton  
June 19 The 19th Ward  
June 26 Village of Honeoye Falls

July 3 Park-Meigs  
July 10 Town of Irondequoit  
July 17 Plymouth-Exchange  
July 24 Town of Mendon  
July 31 Susan B. Anthony  
Neighborhood





## Discover ~ Every Day

- |                |                               |                |                 |
|----------------|-------------------------------|----------------|-----------------|
| <b>June 5</b>  | Prayer Chaplain<br>Dedication | <b>July 3</b>  | Community Lunch |
|                | Community Lunch               | <b>July 16</b> | Circulation Day |
| <b>June 19</b> | Sacred Healing                | <b>July 17</b> | UCGR Picnic     |
|                |                               | <b>July 24</b> | Sacred Healing  |

***Save The Date***  
**Saturday, September 24**

**All Day  
 Congregational  
 Retreat**

More information to come...



Will Tuttle, Ph.D

### *Music and Education for Spiritual Evolution* *August 21 Sunday Lesson, Music & Workshop* *August 22 Piano Passion Concert*

Dr. Will Tuttle is an acclaimed writer, pianist and composer and his inspiring and uplifting presentations have touched the hearts, minds, and lives of thousands. Weaving words and his unique heart-opening and inspiring original piano music, he opens doors to the inner imaginative realms where healing insights and energies emerge and dance.

A master at recreating the deepest vibrations of the soul, Will Tuttle's uplifting original piano music evokes deep feelings and a sense of wonder, joy and adventure. **The Piano Passion Concert** is an affirmative musical prayer for world peace and for celebrating the beauty of the Earth and potential of our Spirit.

**The Keys to Developing Your Intuition** is a workshop that can change lives, as we invite spirit to work its wonders on the ultimate frontier: the human heart. Dr. Tuttle unites eastern and western meditation traditions and is a Dharma Master in the Zen tradition.

***Opening the Intuitive Gate***  
 Featuring Will Tuttle, Ph.D.

**The Keys to Developing Your Intuition**  
 Sunday, August 21  
 12—2 PM

**Piano Passion  
 Concert for a New World**  
 Monday, August 22  
 7:30 PM



## Board Highlights

Greetings,

As the new Board's secretary, I have the opportunity to share with you, highlights of activities undertaken by your Board of Trustees since the last newsletter.

Election of new Board officers: President, Mary Ann Ruganis; Vice-president, Helen Lutz; Treasurer, Marilyn Hampton; Secretary, Mary Meissner; members-at-large, Vada Good and Javier Bautista.

Boiler issues addressed and resolved.

New 80 gallon commercial hot water heater installed.

Overnight retreat for Board of Trustees: orientation, community building, discussion of organizational structure.

Amended annual budget to reflect a balanced budget with deficit covered by a specially designated fundraising account (this change reflects Unity principles of prosperity).

New front door installed.

Posting of position for second office employee.

Exterior lighting updated.

Second "In the Know" gathering was held, with several congregants volunteering to step into team leadership roles.

New window installed in classroom.

Phase 2 & 3 landscaping projects: Spring clean-up, trim bushes, weeding, general clean-up, mulching.

Phase 5 landscaping project: clean-up behind back of building.

Approved work on stucco repair. Began work on updating volunteer organizational structure and related policies & procedures.

Approved the policy that UCGR employees may carryover one week's vacation to the following year.

Reconciled By-laws and Policy Manual information related to Minister, Board, and Ministry Team responsibilities.

Bookstore manager agreed that in keeping with Unity principles, the bookstore will tithe 10% of their profits to the church twice a year.

Approved the selling of any items that the bookstore has purchased as wholesale items, that are in line with Unity principles, as approved by the senior minister Rev. Ann Frances. This includes members of the congregation's merchandise.

Thank you for your ongoing interest and support in creating a vibrant Unity Church of Greater Rochester community. Together, with everyone's sharing of time, talent, and treasure, we continue to prosper.

Respectfully,  
Mary Meissner  
Board Secretary

# Discover through Leadership



## Sacred Healing Ministry

The Sacred Healing Ministry is offered most every month following the Sunday service, typically the third Sunday. Reiki and similar healing modalities are offered. The sanctuary is also a space for "Sacred Silence" during this time. "Sacred Silence" may mean different things to different people. What we provide is a quiet environment with soft meditative music, allowing for one to sit in prayer, meditation or contemplation. Adding to the Spiritual Space during the Sacred Healing Sessions will be the presence of a Prayer Chaplain or two. Prayer Chaplains will be available for individual prayers--just as they are at the end of every Sunday Service. It will be an honor to participate during this time. Prayer--it's the focus of Unity.

The Sacred Healing Ministry is open to anyone wishing to enter into the space. A Ministry host welcomes everyone and assists with receiving the services available. Love donations received are much appreciated and are given to the church in honor of the services given and received. This summer, we will continue to offer this service and we invite you to participate.

We also welcome Reiki practitioners to join our team once they provide a copy of their certification and have communicated with Vicki Williams or Donna Ries.



## Circulation Day July 16

Save the date, empty your closets, and pray for clement weather.

On Circulation Day we give from our abundance and invite the community at large to take what appeals to them--with our blessings.

We welcome all those willing to move, lift, organize, greet and pray.



## Noon Meditation

Join us for a 30 minute Meditation every Wednesday at Noon with Reverend Ann.



## UCGR Picnic

Sunday, July 17 after the service will be our annual church picnic. More details to follow. Save the date for food, fun and fellowship.



## Prayer Chaplains



After a 5 week prayer class and a full weekend absorbing the practices of a Unity tested Light and Love Prayer Chaplaincy Training Program the Prayer Chaplains will be installed June 2 and dedicated June 5. The newly installed and dedicated Prayer Chaplains are eager to step into the role of holding Spiritual space. On Sundays, after service, you will see Prayer Chaplains standing around the perimeter of our sanctuary, each knowing that our Universe/ God/Love is all good and all powerful. Each Prayer Chaplain knows Love dwarfs all challenges and enhances all joys. Prayer Chaplains stand willing and open to praying with you. We listen, we pray, we stand on Truth. We look forward to joining you in prayer, one by one.

By our stoles you will know us.

# JUNE 2016

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 Discover the Power within Class	2 6 PM Prayer Chaplin Induction	3	4
5 10 AM Sunday Service Prayer Chaplains Community Lunch	6	7	8	9	10	11
12 10 AM Sunday Service	13	14 <i>Flag Day</i>	15	16	17	18
19 <i>Father's Day</i> 10 AM Sunday Service Sacred Healing	20	21	22	23	24	25
26 10 AM Sunday Service	27	28	29	30		

# JULY 2016

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3 10 AM Sunday Service Community Lunch	4 <i>Independence Day</i>	5	6	7	8	9
10 10 AM Sunday Service	11	12	13	14	15	16 <i>Circulation Day</i>
17 10 AM Sunday Service UCGR Picnic	18	19	20	21	22	23
24 10 AM Sunday Service Sacred Healing	25	26	27	28	29	30
31 10 AM Sunday Service						



# Discover Relationships

## June ~ July Birthdays

Bernie Bowie June 1  
 Laird Smith June 1  
 Michelle Brzeniak June 2  
 Vicky Thayer June 3  
 Sande Cooper June 3  
 Richard TenEyck June 4  
 John Vella June 5  
 Janice Chappell June 6  
 Dave Wright June 8  
 Paulie Gajewski June 9  
 Veronica Wilson June 11  
 Virginia Keck June 12  
 Sharon Peters June 14  
 Ellen Fabrowicz June 14  
 Donna Gainsborough June 17  
 Kristina Bianchi June 20  
 Robert Murray June 20

Thomas Warfield June 20  
 Joan Yaeger June 20  
 Tameka Jackson June 21  
 Christopher Gold June 22  
 Paula Fletcher June 24  
 Abby Rose Coughlin June 25  
 Bob Gajewski June 25  
 Karen Barrow June 27  
 Isobel Gillen June 28  
 Mary Richardson June 29

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Joan Miller July 2  
 Kathy Dennis Anderson July 6  
 Kimberly Hollingsworth July 6  
 Helen Pancoast July 9  
 Janet Collamer July 10  
 Alex Hazen July 15

Lynn Richardson July 15  
 Marillyn Wise July 18  
 Margarita Wise July 23  
 Chuck Golden July 29

*Happy Birthday to you...  
 There is joy in the Universe  
 Because you exist!*



## On-Going Events

The "There is Only God" study group meets every Saturday from 10 AM—Noon. Next meeting June 6, 2016. <http://thereisonlygod.com>.

### Women of Wisdom

The women of Unity Church of Greater Rochester meet every month sharing and laughing, usually at members' homes. The meetings are an opportunity to get to know each other at a more personal level. Those interested in hosting a meeting, please contact the church office at 585-473-0910.

### Reminder

To receive the newsletter or event flyer or both by email, go to our website, [www.unityrochester.org](http://www.unityrochester.org), and click on *Get Unity Updates*.



### Online Donations

We are grateful that our church can receive donations online. Go to any page on our website [www.unityrochester.org](http://www.unityrochester.org) and click on the purple button. Thank you.



Be sure to add the UCGR email: [unityroc@unityrochester.org](mailto:unityroc@unityrochester.org) to your address book to make sure you get all the news.

### Recording of Our Services

Visit our website to listen to recordings of our Sunday lessons and meditations. This is a free service which we give to the world.



Thank you for keeping our Sunday services fragrance free.



Don't forget you can support UCGR every time you search the internet or shop online with [www.GoodSearch.com](http://www.GoodSearch.com) or [www.GoodShop.com](http://www.GoodShop.com)

Type Christ Church Unity-Rochester into the "I support box" and click on verify. Money from advertisers will go to UCGR.

### Submission Deadline

For June/July Newsletter

July 18, 2016

### Assembly Date

July 27, 2016



55 Prince Street  
Rochester, NY 14607-1025

NON-PROFIT  
ORG  
US POSTAGE  
PAID  
ROCHESTER, NY  
PERMIT 1636

Phone: 585-473-0910  
Fax: 585-271-1297  
Email: [unityroc@unityrochester.org](mailto:unityroc@unityrochester.org)  
Website: [www.unityrochester.org](http://www.unityrochester.org)



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