

Christ Church Unity

Creating Sacred Moments

2013



August/September 2013

Christ Church Unity, Rochester, New York, a member of Unity Worldwide Ministries/Affiliated with Unity, publisher of Daily Word

Dear Unity family,

I hope you are enjoying your summer and really being conscious of it in your own way. We are in August already and the Fall is coming soon.

In **August** Silent Unity invites us to reflect on the theme of **Simplicity**; this is part of the year's theme of Sharing Sacred Moments. When we simplify we get to see and feel things as they really are. We can feel the beauty of a moment when the extraneous things are released and the purity of the moment is experienced. Speaking of Release, I have been reading recently about the healing power of Release, as explained in Catherine Ponder's book, **The Dynamic Laws of Healing**. I will be teaching a class on this book this fall – please see the article on page 11. I suggest that you look around you today and see what you can release, either tangible things, or an attitude, or a hurt from the past. Release sets **you** free.

September's theme is **Sacred Space**. Our sanctuary is a sacred space because it has been carefully constructed and decorated to facilitate connecting with God, and the vibrations of all our prayers and meditations in there have conditioned the space. On the Silent Unity September calendar is the verse taken from the Bible, "**The place where you are standing is holy ground.**" Of course this signifies not only physical space but your place in time as well. To say you are standing on holy ground is to know that this moment is a sacred moment for God is right here, right now. Whether you are dealing with challenges or enjoying happiness, God is present as unending Love surrounding you.

September 12th we will be joining with the Unity movement in celebrating the 20th annual **Unity World Day of Prayer** as we do each year. This year the theme is, "**Living Well: Nurturing Mind, Body and Spirit.**" This theme relates to the dedication of the new **Awaken Whole Life Center** offering wholistic healing at Unity Village. The dedication will take place on Sept. 13th.

Here at CCU on Unity World Day of Prayer we will once again have **spiritual healing** available, with Reiki and other types of hands on healing. A silent prayer vigil will be held during the day, culminating in a special prayer service at 7:00 p.m. All are invited. Please watch for further details to be announced at church and on our website.

On **August 4th** we are having a **Special Membership Meeting** to explain the **Unity Branding Program** which we would like to join. Whether you are a member of the church or not, you are invited to come and hear what the program involves and what it offers us. This is an exciting opportunity to use resources which can help us grow our church.

I give thanks to all of you who are giving service at our church, and supporting us with your prayers and financial offerings. We are grateful for your love and involvement. May God bless you back with abundance of every good thing.

In faith, Rev. Eleanor



Creating Sacred Moments ~ Every Day



Changes at CCU

Life brings change and this is evident now. Four items I would like to announce are as follows.

My office hours have been changed to the following schedule beginning August 1: Sunday, 10 a.m. to 2 p.m.; Monday, 11 a.m. to 6 p.m.; Tuesday, 10 a.m. to 6 p.m.; Wednesday, Noon to 8 p.m.; Thursday, 10 a.m. to 6 p.m. I will be evaluating this schedule in late November to see if it needs any further change.

Something which has not changed is that I am available for spiritual counseling by appointment, during office hours or in the evening. Counseling sessions are given on a love offering basis. I am also available to provide weddings, baptisms, christenings, memorials and house blessings if you have a need. There is a suggested fee for these services.

Our **Food Benevolence Ministry** – collecting and giving food to the needy – is being revamped. We will continue to provide this channel of giving away foodstuffs and personal care items, but we will share them with an agency called **Community Place** which has two sites in our area: 145 Parsells Avenue and 57 Central Park. This agency is within walking distance and also offers many other services to people in need.

On the table under the display racks near my office there are **yellow cards** which we have printed up giving the name, phone number and directions to this agency, along with a description of what they offer. They will also have a spiritual thought or affirmation printed on them. These are to be given to people not from our church who come to the door asking for assistance. The purpose of this change in procedure is to increase the safety of the office staff.

Please continue to make your food and personal care donations to help others. We will move the food box to another space in the building and will announce this in our Sunday announcements.

We will also need **helpers** to take these donations to the Community Place on a periodic basis.

Congregation members who need food assistance should see Rev. Eleanor.

A new **suggestion box** has been provided on the front counter. You may write your comments and questions relative to church affairs on the index cards provided and drop them in the box, to be reviewed by Board President, Bruce Benton. You are not required to sign your inquiry.

Street parking is now being allowed on Prince Street in front of the church property, where the road curves. **Please be careful as you exit the parking lot**, since visibility is not as good as it used to be when parking was prohibited in these spots.

Saturday, Sept. 14th our **Earthkeepers** group has scheduled a **Clean Up Day** for the church gardens and grounds and the congregations is asked to come and help any time between **9 a.m. and 2 p.m.** There will be a sign up sheet for this. Please bring any tools and gardening gloves you may have. The church will provide some tools and garbage bags. There will also be a list of tasks to be completed so that whenever you come you will know what needs to be done. Thank you in advance for your help. We are grateful to our Earthkeepers for taking care of the gardens

Creating Sacred Moments ~ Every Day



August 4

Special Membership Meeting

August 18

Newcomers Coffee with the Minister

September 12

Unity World Day of Prayer

September 14

CCU Spruce Up Day

Upcoming Events

October 13th

Church Picnic



Sacred Moments in Prayer

August Affirmations

Inner Peace

Inner peace is only a thought away.

Guidance

Spirit leads me, guides me, and walks beside me.

Healing

Divine Life renews every cell in my body.

Prosperity

Infinite Spirit is the source of my good.

World Peace

My personal peace is a gift to the world.

New in the Bookstore

In conjunction with UNITY World Day of Prayer September 11 & 12, the bookstore will have a special display starting mid-August. We will feature Myrtle Fillmore's *Healing Letters*, *Daily Word for the Spirit*, and *The Gift of Prayer* as well as other titles.

Come join the World in Prayer this September!

Prayer Ministry

Unity is founded on the power of affirmative prayer. We affirm and give thanks for the gifts received. Knowing that they come, just by our asking, is the truth we hold. Prayer aligns us with the Divine Mind and opens our hearts to the Christ within. From this precious space, we experience our full spiritual potential. For the year of 2013 Silent Unity has created a 12 month topic list based on Sacred Living Every Day. We invite you to include these in your daily prayer affirmations:

January	Prayer	July	Community
February	Relationships	August	Simplicity
March	Awareness	September	Sense of Place
April	Nature	October	Service
May	Music	November	Gratitude
June	Health	December	Ritual

The Prayer Team at CCU welcomes the opportunity to serve you and hold your special requests in prayer. We respect everyone's privacy and your requests are confidential to the team. Prayer line phone number 585-473-0910 ext 2 or Silent Unity 1-800-669-7729.

Our Mission: Awakening to the Christ within ourselves through prayer, we affirm the Divine identity in others so that they can see it in themselves and receive its blessings.

Barbara Boyce
Prayer Team Coordinator

Creating Sacred Moments ~ Every Day in Gratitude

We gratefully acknowledge the extra gifts of time and service which many of our members have made in the last two months:

- ◆ Those who helped with folding and mailing the June/July newsletter: Katherine DaCosta, Peggy Harvey, Peela Hooke, Janet Collamer, Anne Marie Mirglia, Bernie Bowie, Jeanne Gagne, Rev. Eleanor;
- ◆ Everyone who helped to make Circulation Day a success;
- ◆ The members of the Centralized Information Team who have given many hours to their task: Marie Hedrick, June Fisher, MaryJo TenEyck, Leslie Wright;
- ◆ Our ushers and greeters who serve each week; our platform assistants and bookstore volunteers;
- ◆ All who have served by making coffee or providing refreshments on Sunday mornings;
- ◆ Nancy Hicks and Stan Marshall for extra work in the garden;
- ◆ June Fisher who made the Cheerleader display in the front lobby to highlight the organization of our ministries into clusters;
- ◆ Our chaplains who have made home or hospital visits: Katherine DaCosta, Jane Faust; Rev. Sharon Peters;
- ◆ Katherine DaCosta for making wellness phone calls each month;

We love you, we bless you, we appreciate you; we behold the Christ in you!

Volunteer of the Month



My choice for Volunteer of the Month for August does not hesitate to take on big tasks. In doing so she brings her sense of organization, kindness, intelligence, and expertise to each job. As secretary of the Board of Trustees, she presents clear, concise reports in the newsletter and contributes her insights at board meetings. She has been a member of Earthkeepers, contributing a lavender garden to grace our landscaping. Her commitment to Unity is evident by her attendance at area Unity meetings (such as the one in Buffalo) and by visiting Unity Village where she participated in gardening work. Some people are inspiring by their calm, open, friendly (and stylish!) manner. Such a person is Sandra Weatherup. Congratulations, Sandra.

Dick TenEyck

The **Volunteer of the Month for September** is someone who has made a very positive contribution in her relatively short time here. She co-created the recognition of our new members in the newsletter and in the lobby display by interviewing them and writing these interviews for all to read. She also serves on our board of trustees as Vice President. Last fall she helped re-group our ministries into clusters, and recently she led a Leadership Council meeting when cheerleaders for these clusters were chosen. She has also been most instrumental in forming our Safety and Security Committee, doing significant research to help the group begin their work a few months ago. She is also an important part of our Centralized Information Team, using her considerable skills from past jobs and volunteer positions to assist in organizing all of our policies and procedures into a comprehensive, accessible format. Beyond all this, she offers a friendly smile and gives spiritual healing as a chaplain in a hospice, which keeps her in touch with her spiritual side of service to those in need. We give thanks for the cheerful and thoughtful presence that she offers our church, helping us to be the best we can be. Thank you and God bless you to June Fisher!

Barbara Boyce

Divine Love richly provides everything now.

Creating Sacred Moments ~ Every Day in Leadership



SAFETY AND SECURITY COMMITTEE

April 14, 2013 the Board of Trustees voted to create a Safety and Security Committee which, as a Board advisory committee, has an overall goal to assess and improve the safety and security of our grounds and facility. Many thanks to June Fisher, the Committee's Board Liaison, for doing extensive preparation to launch the team so we were able to start our task immediately. Members of the committee are: Kathy Vidas, Loretta Callahan, Mike Gacek, June Fisher, and Sue Dunn (Chair).

Our first objective is to inventory the areas inside and outside the church that need attention and to create three lists:

1. "Must do immediately tasks" - for the immediate safety and / or security of our congregation and guests
2. "Interim tasks" - Recommend the Board allot resources to address the next level of issues as soon as possible and a
3. "Preventative Plan" to correct or prevent longer term issues that may eventually hurt humans or property but are not immediate threats.

The committee plans to meet twice per month, so if you have questions or suggestions, please contact a committee member personally or email your issue to Jeanne at: unityroc@frontiernet.net, and we will discuss your suggestion at our following meeting. Please type: *Attn: Safety and Security Committee* in the Subject line. Jeanne will be sure the committee receives your thoughts.

Thank you, we are excited to serve you!
---Sue Dunn

Finding Home

When I first came to Christ Church Unity I felt like I'd finally found the spiritual home I'd been searching for. The people were friendly and welcoming and reached out to make me feel comfortable. I especially remember Marilyn Wise taking the time to talk with me and show me where the coat racks and rest rooms were. It's funny what a big impression such seemingly small things can make – whenever I've had the opportunity to talk to new people since then, I make sure to show them where the coat racks and rest rooms are! Of course, Paulie went out of her way to be friendly and to let me know, "This is a safe place. This is a sacred place."

I wanted to learn more and to be more involved, so I took some classes and started to volunteer with several ministries. One of the terrific things about CCU is the many and varied opportunities we have available. One of those opportunities, for me, has been the privilege to serve as a board member.

Since this will be the last article I write for the newsletter as a board member, I wanted to take this chance to reflect a little on the experience of serving on the board and to express my gratitude for the opportunity.

Each year it has seemed almost like working with a brand new board as several members have left and new members were elected. As the membership and officers have changed, so have the dynamics of the board as a whole. New ideas and new ways of looking at things come forth and this offers the potential for change and growth, both personally and for the church. Sometimes I have to remind myself of a statement Wayne Dyer often uses, "When you change the way you look at things, the things you look at change." While not always easy, change and growth are good things and are essential.

Being a board member has given me the chance to learn more about all the practical things that are involved in keeping the church running and to work with the other members and the ministers toward goals to ensure that Christ Church Unity is, as our mission statement says, "a vibrant spiritual center in the heart of Rochester." Thank you for giving me this opportunity!

With gratitude,
Marilyn Hampton
Board Treasurer

Ministry to Children



Our Sunday school is open and receptive to more children age 5 and upwards. Please share this information with anyone you

know who is looking for positive spiritual education for their children, with special highlights on the arts.

We are seeking to make our Youth Education program better known, so that more children can be blessed by the Unity message. Remember that if you have a skill or special knowledge you would like to share with our children, we would love to schedule that with you. Thank you.

Newcomers Coffee with the Minister

On **Sunday, August 18 at 12:30 p.m.** Rev. Eleanor will meet with any **people new to Unity who have questions** they would like to bring up about our teachings, or anything related to the church. We will continue to have these gatherings on a monthly basis as long as there is interest. Please check our Sunday announcements for future dates and meeting room.

Christ Church Unity now unfolds into the Divine Plan; happiness and success are assured!

Creating Sacred Moments ~ Giving and Receiving



Sharon Sharing

My son, James, is going to live at college this September. I'm very proud of him.

It is indeed, a delight to witness and experience a child growing into their life. All those traits you saw in them as children become a beautiful part of who they are.

And yet...and yet....my baby is growing up. It's bittersweet. But change is inevitable isn't it? So what do I do with my uncertainties, my regrets, my yearning to protect him? I release those thoughts to God.

I don't have to explain, I simply share my heart. And my heart is torn between joy and sorrow. And God is helping me see that there is much to celebrate in feeling those feelings. It means I did a good job. It means that much as I adore my son and will miss him, I'm so happy for him! All good.

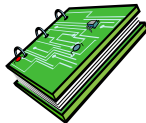
Letting go from a place of love is not easy. It's so much easier to let go from a place of anger or disappointment. You feel empowered under those circumstances. But letting go for the simple reason that you want someone else to be happy? It isn't for sissies.

Ah, but I'm doing it. It's a gradual process, but slowly I'm progressing to that day when I bring his things to college and say "goodbye". Of course I know I'll see him again. He's only going to Geneseo, for heavens' sake! But the dynamics have changed. I was always the tour guide in his life, and now? Now he will show me the sights! And you know? I think I'll enjoy that immensely!

And so much as I will shed a tear or two when I bring him to his dorm...it will be a good cry. Right now I'm still a bit selfish because I don't want him to go, but I know that I must be strong and surrender those thoughts to God. God understands.

In fact, with me God always has a sense of humor. As a diversion to my bitter-sweet reverie, Abby Rose just got her permit!

God bless you! Love, Rev. Sharon



CIT – Your Centralized Information Team

The long-held goal of completing a usable, up-to-date, comprehensive manual of policies and procedures for Christ Church Unity is considerably closer to being achieved, due to the efforts of the Centralized Information Team over the past five months.

The vision was originally developed by Marie Hedrick and Mary Jo TenEyck, and new Board VP June Fisher took the initiative to spear-head a team (comprised of those three plus Leslie Wright.) The work of aligning our Church's processes with the 2010 Church Policy Manual template—the most current version available from UWM—has moved forward at a steady pace during our monthly meetings. Rev. Eleanor and various other knowledgeable veterans of our Church's operations have supported the team with key information.

In addition to finalizing the policy manual to recommend to the Board, CIT has two additional purposes:

- The storage of critical documents and information (both historical & current/practical) in an organized, efficient and accessible way;
- Supporting the new leadership model by integrating existing Church ministries into the new set of six service areas.

With Divine Order and Divine Wisdom, CIT will continue with this endeavor.

Leslie Wright



Sacred Healing Ministry

This past spring, Christ Church Unity began offering monthly healing services including Reiki, foot reflexology and Sacred Healing Meditation. It was a joy to serve all those who requested a healing session. The format for Reiki, which has been the primary modality offered, is to be sitting with each session lasting approximately 20 minutes. We hold the space in "sacred silence" with meditative music. Participants are welcome to sit in silence and hold the space in loving energy before and after their session.

Reiki and other sacred healing modalities will be offered again beginning with the World Day of Prayer in September. Beginning in October, it is expected that services will be offered the third Sunday of October, November, and December following Sunday service. A sign-up sheet will be placed on the lobby counter two weeks prior to each event. Love donations are appreciated. Whether this is new to you or you have participated previously, we look forward to serving you in this sacred space.

Donna Ries and Vicki Williams,

Co-coordinators, and all Healing Ministry Practitioners



Introduction to Unity class

This class for those considering membership in Unity will be offered on three **Wednesdays, Sept. 4, 11 and 18** from 6:30 to 7:45 p.m. Class is also open to anyone who just wants to learn more about Unity, or if you wish to reinstate your active membership after a long absence. The class covers basic Unity teachings, the history of the movement, and how a local church functions. Rev. Eleanor will teach this class. Please sign up at the front counter. If you desire to become a member, all three sessions are required. Thank you.

Creating Sacred Moments ~ With Each Other

August ~ September Birthdays

Stanley Marshall	August 2	Rev. Steve D'Annunzio	September 2
Mary Ellen Lundy	August 2	Reinhardt Brucker	September 10
Bonnie Jeffe	August 3	Herbert Street	September 12
Michael Bianchi	August 3	Hattie Cottrell	September 19
Lisa Cashmere	August 4	Javier Bautista	September 20
Donna Ries	August 6	Christine McKee	September 21
Victoria Simmons	August 9	Marty Roberts	September 21
Loretta Callahan	August 10	Danielle Houppert	September 26
Marna Rossi	August 11	Cydney Pocock	September 27
Deborah Houppert-Nobles	August 12	Priscilla Hooke (Peela)	September 30
Elizabeth Crawford	August 14	Todd Smith	September 30
Larry Fogarty	August 19		
Darrell Lewis	August 21		
Albert Gruttadauria	August 26		
Robert Nobles	August 28		
Sandy Melloch	August 30		
Sharon Wade	August 31		

Happy Birthday to you...

God is blessing you now!

God's Life is your life now!



On-Going Events

The "There is Only God" study group meets every Saturday from 10 AM—Noon. Next meeting August 3, 2013. <http://thereisonlygod.com>.

To receive the newsletter or event flyer or both by email, go to our website, www.unityrochester.org and click on *Get Unity Updates*.



Women of Wisdom

The women of Christ Church Unity meet every month sharing and laughing, usually at members' homes. The meetings are an opportunity to get to know each other at a more personal level. Those interested in hosting a meeting, please contact Jean Marie Bianco at jmbianco46@gmail.com

Oeness Blessing

Our church hosts the Oeness Blessing on Thursday evenings, 7- 8 PM. This group is open to anyone interested in receiving the energy transmission. Love offering.



Online Donations

We are grateful that our church can receive donations online. Go to any page on our website www.unityrochester.org and click on the purple button. Thank you.

Recording of Our Services

Our website has a button on each page to access recordings of our Sunday lessons and meditations. We thank Kathy Dennis-Anderson for help in updating this page.

This is a free service which we give to the world.



Thank you for keeping our Sunday services fragrance free.



Don't forget you can support CCU every time you search the internet or shop online with www.GoodSearch.com or www.GoodShop.com

Type Christ Church Unity-Rochester into the "I support box" and click on verify. Money from advertisers will go to CCU.

Submission Deadline

For October/November Newsletter

September 16, 2013


Assembly Date

September 25, 2013

August 2013

I delight in the small joys and simple pleasures in life

Simplicity

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 7:30 AM OA 7 PM Oneness Group	2 7:30 AM OA 6 PM OA	3 10 AM There is Only God (TIOG)
4 11 AM Sunday Service 12:45 Special Membership meeting	5 7:30 AM OA	6 7:30 AM OA	7 7:30 AM OA	8 7:30 AM OA 7 PM Oneness Group	9 7:30 AM OA 6 PM OA	10 10 AM TIOG
11 11 AM Sunday Service 12:45 Board Meeting	12 7:30 AM OA	13 7:30 AM OA	14 7:30 AM OA	15 7:30 AM OA 7 PM Oneness Group	16 7:30 AM OA 6 PM OA	17 10 AM TIOG
18 11 AM Sunday Service 12:30 PM Newcomers Coffee with the Minister	19 7:30 AM OA	20 7:30 AM OA	21 7:30 AM OA	22 7:30 AM OA 7 PM Oneness Group	23 7:30 AM OA 6 PM OA	24 10 AM TIOG 2 PM Women of Wisdom
25 11 AM Sunday Service	26 7:30 AM OA	27 7:30 AM OA	28 7:30 AM OA	29 7:30 AM OA 7 PM Oneness Group	30 7:30 AM OA 6 PM OA	31 10 AM TIOG

September 2013

My heart knows where I belong.

Sense of Place

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 11 AM Sunday Service	2 Labor Day CCU office closed 7:30 AM OA	3 7:30 AM OA	4 7:30 AM OA 6:30 PM Introduction to Unity	5 7:30 AM OA 7 PM Oneness Group	6 7:30 AM OA 6 PM OA	7 10 AM There is Only God (TIOG)
8 11 AM Sunday Service 12:45 Board Meeting	9 7:30 AM OA	10 7:30 AM OA	11 7:30 AM OA 6:30 PM Introduction to Unity	12 World Day of Prayer 7:30 AM OA 7 PM Unity Prayer Service 7 PM Oneness Group	13 7:30 AM OA 6 PM OA	14 9—2 Spruce Up 10 AM TIOG
15 11 AM Sunday Service	16 7:30 AM OA Newsletter Deadline	17 7:30 AM OA	18 7:30 AM OA 6:30 PM Introduction to Unity	19 7:30 AM OA 7 PM Oneness Group	20 7:30 AM OA 6 PM OA	21 10 AM TIOG
22 First Day of Fall 11 AM Sunday Service 	23 7:30 AM OA	24 7:30 AM OA	25 7:30 AM OA	26 7:30 AM OA 7 PM Oneness Group	27 7:30 AM OA 6 PM OA	28 10 AM TIOG 2 PM Women of Wisdom
29 11 AM Sunday Service	30 7:30 AM OA					

Creating Sacred Moments ~ Prayer

Living Well: Nurturing Mind, Body and Spirit

In September of this year Unity Village will celebrate and dedicate the renovated **Tower Building**, which was part of the original Unity complex. For many years it contained a water tower which was used to create air conditioning for offices at the Village. In recent years a fundraising program was undertaken to renovate this aging structure, and it now houses a fitness center and a wholistic healing practice called **Awaken Whole Life Center**. Acupuncture, yoga, massage and other healing modalities will be available there to Unity visitors and others from the area. A new Prayer Garden encircles the base of the tower.

On **Thursday, Sept. 12, the new tower will be dedicated on Unity World Day of Prayer**. Other events will be taking place over a five day span, beginning with noted author **Dr. Larry Dossey** speaking at the Village on Sept. 11.

Central to this celebration is the **24 hour prayer vigil in Silent Unity**. The names you send in will be read out loud by one of the prayer workers during the vigil. The day will also include a Prayer Fair. Live streaming of the events will be available for those who would like to participate via computer. There is also a facebook page - search for "Unity World Day of Prayer." The theme this year is "Living Well: Nurturing Mind, Body and Spirit."

Here at Unity Rochester we will have our own celebration, to which all are invited. A silent prayer vigil will take place during the day, and hands on healing will also be available during the vigil. At 7 p.m. we will have a special prayer service to conclude the day.

Rev. Eleanor invites everyone to **bring in their favorite prayers from any spiritual tradition** and we will display them on the Minister's bulletin board in the lobby. There will be a box on the counter to collect these. You can start bringing them in any time. This will help us celebrate the heart of prayer by recognizing it all around us.

Prayer list sheets will be available on the counter for you to fill out and drop in a special box. We will mail them to Unity Village for you, or you can mail in your own.

This is a special day of healing, refreshment, and relief of stress. If at all possible we encourage you to be here for at least part of it; you will be glad you came! See our Sunday announcements and website for further details as they unfold.

Rev. Eleanor suggests this affirmation:
"The Spirit of God nurtures me in mind, body and spirit, and I AM well."



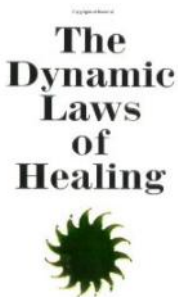
Our Vision Statement

Humanity awakens and transforms into its Divine Identity.
Christ Church Unity is a focal point of service to this vision.

Our Mission Statement:

Christ Church Unity
is a warm, loving and vibrant spiritual center in the heart of Rochester.
Recognizing our divine nature,
we create a nurturing environment of spiritual freedom where all can develop
their spiritual potential for lives overflowing with blessings.

Metaphysical Healing Class



By Catherine Ponder
A Complete Book for THE HEALING MINISTRY OF THE CHURCH

Rev. Eleanor will teach a class based on the book, **The Dynamic Laws of Healing** by Catherine Ponder, **beginning October 2**. You can reserve a copy of the text book which will be available in the bookstore for \$15.58 plus tax. This class will explore what Unity teaches about love, praise, forgiveness, release and many other principles and powers that can be used to gain healing of mind and body. This class is good Unity instruction for anyone who is relatively new to Unity, and for old-timers who have not read this book. Catherine Ponder is one of our pre-eminent

Unity authorities on healing and prosperity consciousness.

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The Shocking Truth about Healing
The "No" Law of Healing
The "Surprise" Law of Healing
The Healing Law of Release
The "Yes" Law of Healing
The Healing Law of Praise
The Healing Law of Love
The Miracle Law of Healing
The Occult Law of Healing
The Imaging Law of Healing
The Mystical Law of Healing (The Angel-writing method)
Chemicalization, a Healing Process
Your Giving Can Heal You

Please sign up at the front counter. Class is given on a love-offering basis. Part One of this class will take place from October 2 through November 13, 2013. Part Two will continue after the holidays.

Our Board of Trustees

Bruce Benton, President
June Fisher, Vice President
Marilyn Hampton, Treasurer
Saundra Weatherup, Secretary
Jeffery Smith, Trustee
Larlene Fyles, Trustee

Rev. Eleanor Celentani, **Senior Minister**
Office 585-473-0145
Rev. Sharon Peters, **Minister Associate**
Cell 585-236-3878

Our Staff

Emily Carpenter, Webmaster
Jane Faust, Accompanist
Jeanne Gagne, Admin. Asst.
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Our Leadership Council

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Publicity -
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Spiritual Healing - Donna Ries
& Vicki Williams, Co-Facilitators
Safety & Security - Sue Ann Dunn
Sign Ministry - Mike Gacek
Social – Paula Fletcher
Social Media—Bruce Benton
Ushers –Helen Lutz
Welcoming—
Women's Wisdom Circle—Jean Marie Bianco

For a description of the
ministries visit our website
[http://
www.unityrochester.org/
volunteer_teams.html](http://www.unityrochester.org/volunteer_teams.html)





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If you no longer wish to receive this newsletter, please check this box and return this sheet to us.

Sent with love to:

*Special Membership Meeting
Sunday, August 4, 2013 - 12:45 PM
Discussion of Unity Branding Program
Update on CCU finances*

www.unityrochester.org



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