

Unity Church of Greater Rochester

A Positive Path for Spiritual Living



September/October 2017

A member of Unity Worldwide Ministries/Affiliated with Unity, publisher of Daily Word

Our Vision Statement

Humanity awakens and transforms into its Divine Identity. Unity Church of Greater Rochester is a focal point of service to this vision.

Our Mission Statement:

Unity Church of Greater Rochester is a warm, loving and vibrant spiritual center in the heart of Rochester. Recognizing our divine nature, we create a nurturing environment of spiritual freedom where all can develop their spiritual potential for lives overflowing with blessings.

"I reap the abundance of my plantings!"

"I tell you, look around you, and see how the fields are ripe for harvesting." (John 4:35)

Dear Fellow Truth Students,

Change is in the air! Parents and children are getting ready for the new school year. The football season is upon us. Labor Day is around the corner, and autumn will be here shortly thereafter. Before too long, trees of beautiful color will be our new landscape.

Harvesting time will soon be upon us. Throughout the year, we have been looking at the different seasons of planting and using that as an analogy to create the gardens of our minds. We tilled our soil and removed unwanted weeds and debris. We chose our seeds and planted our seeds with faith. It is time to reap the benefits of our efforts. Crops to be harvested – harmony, love, kindness, peace, generosity, gentleness, laughter, abundance, to name a few. We get to decide what the garden of our mind, body and soul will reap. What a wonderful gift to know we can co-create with ALL THAT IS, God. So let's begin together to gather our harvest.

During the past few weeks, we have seen an increase in unrest within the world especially in the Unity States. I invite you to prayerfully hold all people who find themselves on opposing sides to see the Truth that we are all One family in God. God knows no race, no religion, no gender, no cultures, and no other differences. It is written in the Bible that we are made in God's image and according to Its likeness which is Spirit. Spirit knows no separation nor differences. So together let's bless this wonderful world that we live in and listen to our God voice on what is ours to do to help bring about peace in our own worlds and then watch it spread.

We are blessed with many upcoming events. Please glance through this newsletter and make note of your favorites. On October 21, we will be having a Harvest Dance and Silent Auction. Save the date! This year the World Day of Prayer "Peace in the Midst" is September 14. There are many ways to be part of this church community.

Changing Hands Boutique and Rummage Sale were a huge success! Congratulations and Kudos to the team who created the event and carried it through to the end. Thank you to all who contributed time, talents and treasures, including donations, event setup, the food tent, and cleanup. Well done! Due to the successes of the event, the boiler loan will be paid down, and Refugees Helping Refugees, the Ronald McDonald House and Good Will all received the remaining items.

Mother Teresa said, "Let us always meet each other with smile, for the smile is the beginning of love." Let's begin today!!!

Namaste!

Reverend Ann





Unleash Your Divine Potential ~ Every Day

September 3
Community Lunch

October 1
Community Lunch

September 13
Kiritan Concert

October 1, 15
New Member Class

September 14
Unity World Day of Prayer

October 6
Art Gallery Opening

September 16
Women of Unity

October 21
Harvest Dance/Silent Auction

September 30
Men's Circle

October 22
Volunteer Recognition



**UNITY WORLD
DAY OF PRAYER**
SEPTEMBER 14, 2017

**Service begins
6:30 PM**

Save The Date
November 17
CCU Thanksgiving Dinner

Join Us



Harvest Dance and Silent Auction
Unity Church of Greater Rochester
 55 Prince St, Rochester NY, 14607
 Sat Oct 21st 8pm-10pm - Doors open at 6pm
 Live music by ~Mike and the Motivators~
 Silent Auction and Hors d'oeuvres



Ticket cost \$15 in Advance / \$20 at door
 *Proceeds go towards the
 Boiler and Parking Lot Funds

Unleash Your Divine Potential through Leadership



Board Highlights

At the July Board of Trustees meeting, the board voted Roy Williams to our board. We also elected him to be the Treasurer. At this meeting Javier also agreed to take the role of Secretary.

In June, Bruce led us through the Board Retreat. We had each taken the DiSC personality assessment tool where we answered many questions and in the end received a full report listing characteristics of our personalities. We also received a circular diagram showing where each of the board members land on the four major categories: Dominant, Influencing, Steady and Compliant. Characteristics of a Dominant (Mary Ann and Bruce) are strong leadership skills, outspoken and problem solving. Going clockwise the next category is Influencing (Cathy and Carol) which are people who are friendly, outgoing, talkative, optimistic and the life of the party. Next is the Steady category (Rev Ann and Vada) which are individuals who are family oriented, are team players and maintain the status quo. And finally, the Compliant (Javier and Roy) are the logical, organized and data-oriented individuals. From an operational perspective, the current board is covering all the different categories and we have two board members in each. This coverage means that we have representation of a wide range of perspectives which will garner a much successful organization.

As always reach out to your board members with your ideas and concerns.

Javier Bautista
Secretary



Youth and Family Ministry

We are "Digging for Treasure!" We have created our treasure maps and throughout September will discover and explore a new treasure each week, revealed by the clues in the parables of Jesus.

Our lessons will include prayer, visible clues, discussion, meditation, a craft, music and movement as components for learning and understanding how these treasures are meaningful and relevant right here, right now in our own lives. We will have the same focus with adaptations for different ages.

As always our curriculum is Love, Peace, Joy, Gentleness, Patience, Faithfulness, Generosity, Kindness, and Self Control, demonstrated by example and loving guidance.

We affirm we are each an expression of God's Loving Presence in all that we do. Everyone has a Light to Shine!

With Love,
Sam Akin and Liz SantaMaria

New Members Orientation Unity Basic Class

Sunday, October 1, & 15
11:45—2 (both classes required)

Are you interested in becoming a member? Would you like to know more about this wonderful community?

Join us as we learn what makes up this Unity movement; "meet" co-founders Charles and Myrtle Fillmore and see the path they took that led to a movement that has been expanding for over 150 years. Reverend Ann is facilitating

New Member Sunday is October 29, 10 AM.



The Gallery at Unity

We are very pleased with the opening of our art gallery at church. It is aptly named "The Gallery at Unity". Our second opening was August 4th and it features the work of artist, Nancy P. Hicks. This show will be up for six weeks and will close on Sunday September 17th, after church.

Our next show will feature the work of artist, Liesl Gaesser. The opening will be October 6, from 6-8 pm. Please stop and enjoy the work some Sunday after church. Our church features photos from the exhibit and you may wish to purchase one by contacting the featured artist. The members of our gallery of artists are: Mike Gacek, Liesl Gaesser, Liz Santa Maria, and Nancy Hicks. We are always interested in having new members join us. Come join us for the next opening, and share a glass of wine and talk with your friends at church and people visiting on First Friday.

Nancy Hicks



Restorative Yoga

This is a class that uses many paths to help achieve awareness in the body. In this class we connect the body with the breath through postures, breathing techniques, inquiry, meditation and myofascial release using balls. This is a yoga class that moves you through a flow of poses at slow to moderate pace, holding the poses as you go, so you can feel what your body needs from the inside out. We will be using blocks, straps and balls as needed. These tools will be provided.

This class is designed for all levels of experience in yoga from beginner to advance. All are welcome to attend.

Tuesdays @ 10 AM

Unleash Your Divine Potential through Sharing



Light a Virtual Candle

Unity World Day of Prayer is a global event. We invite you to light a virtual candle to represent your light shining in Peace. Visit: www.unity.org click on World Day of Prayer scroll down and click on Light a Virtual candle and fill out the city, state and country.

Let's see Rochester's light grow brighter.



UNITY WORLD DAY OF PRAYER
SEPTEMBER 14, 2017

World Day of Prayer 24-hour Prayer Vigil

WE will hold a 24-hour Prayer Vigil for 24-hours leading up to World Day of Prayer.

Can you give 15 minutes, 30 minutes or an hour in Prayerful consciousness "Peace in the Midst?" We begin Wednesday, September 13 at 7 PM through Thursday September 14 at 6:30 PM. Please look within and sign up. If you are able, see a Prayer Chaplain.

World Day of Prayer "PEACE IN THE MIDST"

"I am Peace in the Midst of All Matters!"

Join us as we join Silent Unity and the entire Unity Movement in our annual World Day of Prayer Service **Thursday, September 14, 6:30pm.** This annual day of prayer brings Unity around the globe into a unified prayerful place centered in the midst of **Peace.**

At noon we will show the Wednesday Opening Ceremony from Unity Village.



NEW CLASS Metaphysics 2

Thursday September 7 – October 12
6:30-8:30pm

This course explores some of the more complex metaphysical concepts such as Oneness and creation, as well as offers a Unity perspective on terminology that is commonly used by much of mainstream Christianity. In the process, aspects of students' embedded theology is exposed and Unity Teachings are clarified. Practical application is the primary goal. Heart-centered metaphysicians explore Ultimate Reality through the "lens of the heart" ensuring that beliefs are more than just cold hard facts. Reverend Ann, Facilitator - SEE credits available. Course book are Heart-centered Metaphysics and Applying Heart-centered Metaphysics offered at a reduced rate soon through our bookstore.



Noon Meditation

Join us for a 30 minute Meditation every Wednesday at Noon with Reverend Ann.



Prayer Chaplaincy

We stand and sit. We are ready to join with you in any joy or concern you'd like to wrap in prayer. Love heals, comforts and uplifts. Love is powerful. Love is God and God is all. We stand on Truth. It is an honor to pray with you after any Sunday service.

In Loving Service,
Sam, Carol, Liesl, Liz, Jane and Katherine



Sacred Healing Ministry

The SHM offers a sacred space in which to sit and reflect as well as to receive

Reiki. This service will be offered on Sunday, Sept. 17 and Oct 15 following the Sunday service in the sanctuary. Reiki provides a nurturing to one's self physically, mentally and emotionally, allowing for a rebalancing to homeostasis. Reiki does no harm, it offers a gentle positive energy to promote healing within our being. Some individuals experience a relief of physical symptoms, others benefit from a place of deeper peace and calm. This service is open to anyone and all are welcome into the sanctuary to sit and receive.

A love offering is accepted in exchange for the service and space provided, and all donations support the church. Reiki practitioners interested in joining the team need to provide a copy of their certification, and express their interest to Donna Ries, Rev. Ann or Maryann Runganis, Board president. Our team welcomes additional practitioners in support of this healing service to the church community.

Donna Ries, SHM Coordinator




Daily Word Readers

Each Sunday, we appreciate having readers of the Daily Word. If this is something you would like to do once or every so often, I look forward to you letting me know and we can work out a date that is good for you. It is such a joy to have our church attendees share this reading. So, if I haven't asked you yet, or in a long time, please come to me and let me know of your interest. Most everyone who has done this has expressed how meaningful an experience it is for them.


Donna Ries, DW Reader Coordinator

We now unfold into the Divine Plan; Christ is our transforming Power.

SEPTEMBER 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3 10 AM Sunday Service Community Lunch	4 Labor Day	5	6	7	8	9
10 10 AM Sunday Service Board Meeting	11	12	13	14 World Day of Prayer 12 N Opening Ceremony 6:30 PM Service	15	16 1:30 Women of Unity
17 10 AM Sunday Service Sacred Healing Volunteer Sign-up	18	19 10 AM Yoga	20	21	22 Fall Equinox 	23
24 10 AM Sunday Service	25	26 10 AM Yoga	27	28	29	30 10 AM Men's Circle

OCTOBER 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 10 AM Sunday Service Community Lunch New Member Class	2	3 10 AM Yoga	4	5	6 6:30 Art Gallery Opening	7
8 10 AM Sunday Service Board Meeting	9 Columbus Day	10 10 AM Yoga	11	12	13	14
15 10 AM Sunday Service New Member Class Sacred Healing	16 Newsletter Deadline	17 10 AM Yoga	18	19	20	21 1:30 Women of Unity Silent Auction & Dance
22 10 AM Sunday Service Volunteer Recognition	23	24 10 AM Yoga	25 1 PM Fold Newsletter	26	27	28 10 AM Men's Circle
29 10 AM Sunday Service 11:30 Sacred Circle New Member Sunday	30	31 Halloween 10 AM Yoga				

Unleash Your Divine Potential

September ~ October Birthdays

Rev. Steve D'Annunzio	September 2	Michael Gacek	October 7
Susan Ellen Palmer	September 6	Maryanna Mueller	October 13
Reinhardt Brucker	September 10	Wendy Smith	October 13
Carlina Dunigan	September 10	Cory Tylenda	October 14
Hattie Cottrell	September 19	Melissa Kelley	October 15
Javier Bautista	September 20	Joanne Palmer	October 15
Marty Roberts	September 21	Karen Sparka	October 18
Danielle Houppert	September 26	Tedda Wibberkey	October 20
Jaret Bzezniak	September 29	Linda Allyn-Welborn	October 23
Peela Hooke	September 30	Rev. Ann Frances	October 23
Todd Smith	September 30	Sandy Hodgdon-McLellan	October 23
		Dawn Brucker	October 24
		Georgia Hazen	October 29
		Samuel Gaiteri	October 30

*Happy Birthday to you...
There is joy in the Universe
Because you exist!*



On-Going Events

The "There is Only God" study group meets every Saturday from 10 AM—Noon. <http://thereisonlygod.com>

Reminder

To receive the newsletter or event flyer or both by email, go to our website, www.unityrochester.org, and click on *Get Unity Updates*.



MAKE A DONATION

Online Donations

We are grateful that our church can receive donations online. Go to any page on our website www.unityrochester.org and click on the purple button. Thank you.



Women of Unity

Women of Unity is an opportunity for women of the church to come together to encourage one another while getting to know each other in a place of acceptance. We will meet the 3rd Saturday of the month from 1:30 to 3:30 to share an interesting topic or activity, and we ask that people bring a small snack. For more information contact the church.



Be sure to add the UCGR email: unityroc@unityrochester.org to your address book to make sure you get all the news.

Recording of Our Services

Visit our website to listen to recordings of our Sunday lessons and meditations. This is a free service which we give to the world.



Don't forget you can support UCGR every time you search the internet or shop online with www.GoodSearch.com or www.GoodShop.com

Type Christ Church Unity-Rochester into the "I support box" and click on verify. Money from advertisers will go to UCGR.



Men's Circle

Meets the last Saturday of the month at UCGR. It is a chance to celebrate sacred masculine spirituality as well as create a close knit community. For more information contact Bruce McClellan at bruce@brucewaynemccllellan.com

Thank you for keeping our Sunday services fragrance free.



Submission Deadline
For November/December Newsletter

October 16, 2017

Assembly Date
October 25, 2017



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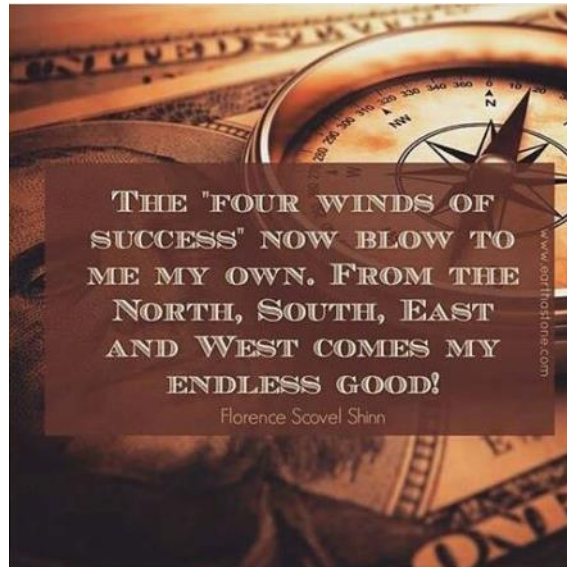
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