

Unity Church of Greater Rochester

A Positive Path for Spiritual Living



November/December 2017

A member of Unity Worldwide Ministries/Affiliated with Unity, publisher of Daily Word

Our Vision Statement

Humanity awakens and transforms into its Divine Identity. Unity Church of Greater Rochester is a focal point of service to this vision.

Our Mission Statement:

Unity Church of Greater Rochester is a warm, loving and vibrant spiritual center in the heart of Rochester. Recognizing our divine nature, we create a nurturing environment of spiritual freedom where all can develop their spiritual potential for lives overflowing with blessings.

"Spirit calls and I follow"

"And when you turn to the right or when you turn to the left, your ears shall hear a word behind you, saying, 'This is the way; walk in it.'"

(Isaiah 30:21)

Dear Fellow Truth Students,

It has been said that the only one constant in this life is change, and it has come our way again. On October 15, I gave my last Sunday message as senior minister of Unity Church of Greater Rochester. I leave with immense gratitude that I was invited to serve this loving church community, and I know in my heart that I am being called to my next assignment as an evolving Spiritual Being. Yet I leave feeling great emotion as I say "good-bye" to those whom I have come to know and love deeply.

As I wrote my last talk, I reflected over my 29 months in Rochester. We have done a lot and accomplished much. We showed up, we learned and we grew. We moved together as we created a new expression of Unity Church of Greater Rochester, a Unity Spiritual Community. It was always an outward expression of life...ever moving.

We came together on Sundays, holidays, special services and celebrations of life events. We worshipped together, prayed together, learned together; and shared meals and lives. We opened our doors to others and also went out the doors into our community. We fed people, clothed people, and listened to people as they talked. We cared. Everyone who attended the activities of the church grew in consciousness, fellowship and community. We opened our hearts and minds to the evolution of our own Spiritual Being and change occurred. We obtained a greater understanding of the walk of Jesus and now we move to walking as Jesus.

Our Truth Statement from this experience is *"we are not the same at the end of this run as we were when we began the journey."* **Yeah God!!!** In Ecclesiastes 3-1, 2 it writes of the process of life,

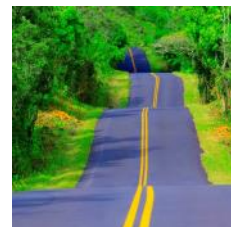
"For everything there is a season, and a time for every purpose under heaven.

A time to be born and a time to die, a time to plant and a time to pluck up what has been planted."

Unity Minister and Author, Eric Butterworth often said, "the process of life is to grow and go." As soon as we grow to the next level of evolutionary consciousness, it is time to go to the next level. Ours is not to stay stagnant. We grow and we go.

It has been my great honor and privilege to be a part of this beautiful community, and I honor and support your path forward, knowing wondrous good is coming to Unity Church of Greater Rochester Now! Thank you - each of you - who helped to create October 15, the best service, food and fellowship anyone could very have experienced. The music was top notch, the sharing was delightful and the food was delicious. The love you all put into this day was received. I love you, I bless you, and I appreciate you and truly see the Christ You Are.

Namaste!
Reverend Ann



Unleash Your Divine Potential

Senior Minister,

Board of Trustees

Mary Ann Ruganis, President
 Vada Good, Vice President
 Roy Williams, Treasurer
 Javier Bautista, Secretary
 Carol Cafalone, Trustee
 Patricia Ellson, Trustee
 Kathy Dennis Anderson, Alternate

Staff

Venise Cottrell—Office Administrator
 Maggie Brown—Office Staff

Support Positions

Emily Carpenter, Webmaster
 Jane Faust, Accompanist
 Liz Santamaria - Interim Director of Youth and Family Educ.

Ministries Leadership

Audio – Bernie Bowie
 Bookstore – Joan Miller
 Bylaws – Larlene Fyles
 CD Recording—Kathy Dennis Anderson
 Counters - Carol Cafalone
 Directory - Venise Cottrell
 Facilities Management—Mike Gacek
 Flowers - Joan Yaeger
 Financial Prosperity - Larlene Fyles
 Greeters –
 Sunday Hospitality—Johnnie Dawson/Liz Santa Maria

Librarian - Barb Boyce
 Men's Circle—Roy Williams
 Music - Jane Faust
 Newsletter - Bernie Bowie
 Nominating Comm. - Donna Ries
 Photographer - Mike Gacek
 Platform Assistants – Donna Ries
 Prayer Chaplain - Katherine DaCosta/Jane Faust
 Prayer Team –
 Publicity -
 Purchasing Agent - Bernie Bowie
 Remembrance - Mary Ann Ruganis
 Social Outreach - Liesl Gaesser/Bernie Bowie
 Special Events Hospitality- Larlene Fyles/Vada Good
 Spiritual Healing - Donna Ries
 Sign Ministry - Mike Gacek
 Social Media - Barbara Boyce
 Ushers - Bob Ellson
 Welcoming - Roy Williams
 Women of Unity—E. A. Sears

November

I center myself in the presence of infinite peace.

I follow my guidance with faith and gratitude.

I give thanks for the life of God within that heals and and renews my body.

I am a steward of divine abundance. I give and receive with gratitude.

I follow Jesus' example and express goodwill to all.

Affirmations

Inner Peace

Guidance

Healing

Prosperity

World Peace

December

I am at peace—one with the Presence of pure being.

Divine light shines in and and through me as a beacon of understanding.


I am the ever-renewing expression of Infinite Life.

My life is filled with an overflowing measure of God's Goodness.

I am one with God and all humanity in a universe of love and peace.

Catherine Ponder Prosperity Dial-A-Thought
 760-346-3964

Silent Unity's number is 1-800-669-7729 or go to
www.silentunity.org



Information on Service Cancellations

If Unity Church of Greater Rochester finds it necessary to cancel Sunday activities due to **inclement weather**, the announcement will be made on 13 WHAM-TV, 13 WHAM.com, CW-WHAM (digital 13.2, cable channel 16), Newsradio 1180 WHAM, 100.5 The Drive, 106.7 KISS-FM, 102.3 Sunny-FM, Sports Radio 1280 WHTK, 95.1 The Fox, 107.3 WHTK-FM and YNN Rochester Cable TV, Channel 9. It will also be posted on the church phone line 473-0910 after 8:00 AM. Weeknight cancellations will be announced by 5:00 PM on the church voice mail and in the media if possible.



Unleash Your Divine Potential ~ Every Day

November 5
Community Lunch

December 3
Community Lunch

November 18
Women of Unity

December 16
Women of Unity

November 19
CCU Thanksgiving Dinner

December 30
Men's Circle

November 25
Men's Circle

Time to Fall Back

Daylight Savings Time Ends
November 5

Set your clocks back 1 hour



Join Us



*Thanksgiving
Fellowship Dinner
Sunday, November 19
Following Service
Bring a dish to share*



*Christmas Eve
Candlelight
Service
December 24
10 AM*

More information to come

*New Year's Eve
Burning Bowl
Service
December 31
10 AM*



More information to come

Unleash Your Divine Potential through Leadership



Board Highlights

We held Worldwide Day of Prayer on September 13th and 14th. Rev. Ann invited a Rabbi, a Muslim Iman, Universalist Minister, Bahai practitioner, and a Hindu practitioner as guest speakers. You could feel the wonderful energy that filled our church. The service was wonderful.

The Board welcomes Patricia Ellson, who was elected to replace Bruce McClellan. He resigned in September.

Reverend Ann gave notice. She has been called to go to a church in Tidewater, Va. The circumstances surrounding her decision made it a great opportunity for her to accept. We thank her for her wonderful job and work she has done here with us, and we bless her as she starts her new adventure. We are sad to see her go, but know it is the right move for her. Go with Love!

We are working on the by-laws to make it more effective to find a new minister. In the interim we are looking into hiring a consultant from Unity Worldwide Ministries that will be here 10 days a month presenting two services and helping us with our Mission and Vision.

We were saddened to receive a resignation from Sam Aiken, whom we recently hired to head up our Youth Education Dept. We wish her well and bless her as she focuses on her continuing efforts to add to her education.

We presented to the church at the last Membership Meeting the possibility of having a Day Care Center set up in our church. It is too much to be on our plate right now, so we have put it on hold. We will address it at a later date.

Wish us well as we approach our next endeavors.

Vada E Good
Board Trustee



Sunday School News

God's Love, Wisdom, and Abundance is everywhere present. We are creating and growing our Sunday School Program by accessing what God has already provided. Please access your indwelling Spirit to discover what is yours to do to help our program. We need volunteers!

Please be willing to talk to me, Liz Santamaria, if you would like to help.

We teach Unity Principles, explore the twelve powers, and practice Affirmative Prayer and Meditation, understanding that each and every one of us is an expression of God's Divinity.

In November, we will be exploring Diversity and Uniqueness. In December we will explore Sacredness and Joy. We will discover how the marriage of Spiritual Wisdom and Pure Love will birth the Christ Essence.

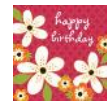
With Love,

Liz Santamaria and Daisy Henderson



The Gallery at Unity

Unfortunately we had to cancel our present show because of unforeseen circumstances. We look forward to our next opening, a group show, on Friday, December 1, from 6-8. Perhaps we could use this evening to celebrate the beginning of our Christmas season at church by sharing a glass of wine and some laughter in our gallery. In the new year, we will be looking for some artists to join us. Please see Nancy Hicks if you are interested.



Birthday Cards

The new year will be approaching before we know it! I'm seeking volunteers for 2018 who can be a birthday card mailer for a month. Schedules, cards and stamps are provided to you and the cards mail out from your home. It is a very pleasant volunteer opportunity anyone can do. If you are interested please see me at church or email.

Barbara Boyce



Unleash Your Divine Potential through Sharing



Social Media

Our Facebook page is an open page for all to participate in. We currently have over 330 "likes" who receive information about Unity through our page! Wouldn't it be grand to expand that to 1000? You do not have to be a UCGR member to join it. The page is open to anyone who is interested in Unity and Truth principles.

Any Facebook member who visits the page can make a friendly post. If you are not familiar with posting, I'm happy to do it for you. As an Admin, I post items about our church and other Unity information. Committee members can share news easily by sending me an email with a note to post it on our page. Anything Unity related is always welcome. The more we can share with others, the more we expand.

Come and visit and say hello:

<http://facebook.com/UnityRochester>

Barbara Boyce

Reminder: Does the office have your current email? We don't want you to miss a single email from our Constant Contact letters!



Important Newsletter Change



This is notice that the **November/December Newsletter** will be our **last published Newsletter**. We will be keeping everyone up to date via email and anyone who does not have computer access can notify the Church at 585-473-0910 and we will mail notifications to you. The Newsletter is very expensive to produce, requires many volunteers and at this time we feel it is necessary to change how we get information to everyone.



Noon Meditation

Join us for a 30 minute Meditation every Wednesday at Noon with Reverend Ann.



Prayer Chaplaincy

Would you like a monthly call from one of the Unity Prayer Chaplains? Just place your name and phone number in the prayer request box at the in the Sanctuary or the offering basket and your phone will ring. Just like in the Sanctuary, anything you say to a prayer chaplain during a call is confidential. Light, Love and God are all we know.

In Loving Service,
Carol, Liesl, Liz, Jane and
Katherine



Daily Word Readers



Each Sunday, we appreciate having readers of the Daily Word. If this is something you would like to do once or every so often, I look forward to you letting me know and we can work out a date that is good for you. It is such a joy to have our church attendees share this reading. So, if I haven't asked you yet, or in a long time, please come to me and let me know of your interest. Most everyone who has done this has expressed how meaningful an experience it is for them.

Donna Ries, DW Reader Coordinator

NOVEMBER 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4
5 Daylight Savings End 10 AM Sunday Service Community Lunch Volunteer Ldrshp Mtg	6	7 Election Day	8 Noon Meditation	9	10	11 Veterans Day
12 10 AM Sunday Service Special Membership Meeting	13	14	15 Noon Meditation	16	17	18 1:30 PM Women of Unity
19 10 AM Sunday Service Thanksgiving Dnner	20 6 PM Board Meeting	21	22 Noon Meditation	23 Thanksgiving	24	25 10 AM Men's Circle
26 10 AM Sunday Service	27	28	29 Noon Meditation	30		

DECEMBER 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3 First Sunday of Advent 10 AM Sunday Service Community Lunch	4	5	6 Noon Meditation	7	8	9
10 10 AM Sunday Service Board Meeting	11	12	13 Noon Meditation	14	15	16 1:30 PM Women of Unity
17 10 AM Sunday Service	18	19	20 Noon Meditation	21	22	23
24 Christmas Eve 10 AM Sunday Service	25 	26	27 Noon Meditation	28	29	30 10 AM Men's Circle
31 New Year's Eve 10 AM Sunday Service						

Unleash Your Divine Potential

November ~ December Birthdays

Patrick Allyn-Welborn	November 1	Les Collins	December 5
Coby Nichols	November 9	Alicia Mercer	December 6
Jenna Vamvakias	November 24	Jerry Peters	December 12
Deborah Mizma	November 28	Jean Marie Bianco	December 13
Mary Meissner	November 30	Robert Ellson	December 15
		Nancy Hicks	December 21
		E. A. Sears	December 21
		Vicki Williams	December 21
		William Turner	December 25
		Ruth Fogarty	December 30

*Happy Birthday to you...
There is joy in the Universe
Because you exist!*



On-Going Events

The "There is Only God" study group meets every Saturday from 10 AM—Noon. <http://thereisonlygod.com>

Reminder

To receive the newsletter or event flyer or both by email, go to our website, www.unityrochester.org, and click on *Get Unity Updates*.



Online Donations

We are grateful that our church can receive donations online. Go to any page on our website www.unityrochester.org and click on the purple button. Thank you.



Women of Unity

Women of Unity is an opportunity for women of the church to come together to encourage one another while getting to know each other in a place of acceptance. We will meet the 3rd Saturday of the month from 1:30 to 3:30 to share an interesting topic or activity, and we ask that people bring a small snack. For more information contact the church.



Be sure to add the UCGR email: unityroc@unityrochester.org to your address book to make sure you get all the news.

Recording of Our Services

Visit our website to listen to recordings of our Sunday lessons and meditations. This is a free service which we give to the world.




Don't forget you can support UCGR every time you search the internet or shop online with www.GoodSearch.com or www.GoodShop.com

Type Christ Church Unity-Rochester into the "I support box" and click on verify. Money from advertisers will go to UCGR.



Men's Circle

Meets the last Saturday of the month at 10 AM at UCGR. It is a chance to celebrate sacred masculine spirituality as well as create a close knit community. For more information contact Roy Williams or the church.

Thank you for keeping our Sunday services fragrance free. 

Going Digital
Make sure that UCGR has your current email address
Or
Contact the church office
585-473-0910
to receive information by postal mail.



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